

THIAMINE DEFICIENCY IN THE PATHOGENESIS OF CHRONIC ETHANOL-ASSOCIATED CEREBELLAR DAMAGE *IN VITRO*

P. J. MULHOLLAND,* R. L. SELF,^a T. D. STEPANYAN,^b
H. J. LITTLE,^c J. M. LITTLETON^d AND
M. A. PRENDERGAST^a

^aDepartment of Psychology, 012-I Kastle Hall, University of Kentucky, Lexington, KY 40506-0044, USA

^bDepartment of Molecular and Biomedical Pharmacology, University of Kentucky College of Medicine, A.B. Chandler Medical Center MS 305, Lexington, KY 40536-0298, USA

^cDepartments of Addictive Behavior and Pharmacology, St George's Hospital Medical School, SW17 0RE, London, UK

^dDepartment of Pharmaceutical Sciences, College of Pharmacy, University of Kentucky, Lexington, KY 40536-0082, USA

Abstract—Nutritional deficiencies associated with long-term ethanol consumption may cause neuronal damage in ethanol-dependent individuals. Thiamine deficiency, in particular, is thought to contribute to ethanol-associated cerebellar degeneration, although damage may occur in adequately nourished alcoholics. Thus, the present study examined the effects of thiamine depletion and ethanol exposure on cytotoxicity in rat cerebellum. Organotypic cerebellar slice cultures were treated starting at 25 days *in vitro* with 100 mM ethanol for 11 days or 10 days followed by a 24-h withdrawal period. This exposure paradigm has previously been shown in hippocampal slice cultures to result in spontaneous cytotoxicity upon ethanol withdrawal. Additional cerebellar cultures were exposed to the thiamine depleting agent pyriethiamine (10–500 μ M) for 10 or 11 days, some in the presence of ethanol exposure or withdrawal. Other cultures were co-exposed to thiamine (1–100 μ M), 500 μ M pyriethiamine, and ethanol for 10 or 11 days. The results demonstrated that neither 11-day ethanol treatment nor withdrawal from 10-day exposure significantly increased cerebellar cytotoxicity, as measured by propidium iodide fluorescence. The 11-day treatment with 100 or 500 μ M pyriethiamine significantly increased propidium iodide fluorescence \sim 21% above levels observed in control tissue. Cultures treated with both ethanol (11 days or 10 days plus withdrawal) and 500 μ M pyriethiamine displayed a marked increase in cytotoxicity \sim 60–90% above levels observed in control cultures. Pyriethiamine and ethanol-induced cytotoxicity was prevented in cultures co-exposed to thiamine (10–100 μ M) for the duration of pyriethiamine treatment. Findings from this report suggest that the cerebellum may be more sensitive to the toxic effects of thiamine deficiency, as compared with alcohol withdrawal, associated with alcohol dependence. © 2005 Published by Elsevier Ltd on behalf of IBRO.

*Correspondence to: P. J. Mulholland, Medical University of South Carolina, Center for Drug and Alcohol Programs, 67 President Street, Charleston, South Carolina 29425, USA. Tel: +1-843-792-5159; fax: +1-843-792-7353.

E-mail address: mulholl@musc.edu (P. J. Mulholland).

Abbreviations: DIV, days *in vitro*; HEPES, 4-(2-hydroxyethyl)piperazine-1-ethanesulfonic acid; HIHS, heat-inactivated horse serum; NMDA, *N*-methyl-D-aspartate.

0306-4522/05/\$30.00+0.00 © 2005 Published by Elsevier Ltd on behalf of IBRO.
doi:10.1016/j.neuroscience.2005.06.077

Key words: alcoholism, malnutrition, ethanol withdrawal, pyriethiamine, neuronal damage.

Rates of alcohol (ethanol) abuse and dependence, prevalent worldwide disorders (World Health Organization, 2001), have increased in the United States from 7.41% in 1991–1992 to 8.46% in 2001–2002, affecting nearly 18 million adults (Grant et al., 2004). Ethanol-related disorders not only reduce the quality of life of those afflicted with these disorders, but also affect society in general. Lifetime heavy ethanol consumption is associated with the development of neurological abnormalities and reduced volume of cortical and subcortical structures (Hommer et al., 2001; Mann et al., 2001), including the cerebellum (Andersen, 2004). Many of the neurological deficits, which appear in 50–75% of long-term ethanol-dependent individuals (Eckardt and Martin, 1986), are thought to result from nutritional deficiencies (Charness, 1993; Diamond and Messing, 1994; Fadda and Rossetti, 1998; Harper and Kril, 1990), excessive consumption over many years (Jacobson and Lishman, 1990), and repeated withdrawal from chronic ethanol intake (Duka et al., 2004; Hunt, 1993). In addition, these deficits may result from secondary effects, such as liver dysfunction (Tarter et al., 1986) or hypothalamic–pituitary–adrenal axis alterations (Adinoff et al., 1998; Mulholland et al., 2005; van Thiel and Lester, 1978).

Some alcoholics may suffer from malnutrition, particularly demonstrating deficiencies in vitamins A, B₁ (thiamine), B₂ (riboflavin), and C (ascorbic acid), folic acid, magnesium, carbohydrates, fat, and protein, likely due to reduced nutritional intake or decreased absorption from an adequate diet (for review, see Lieber, 2003). Many studies have focused on the role of thiamine in ethanol-related toxicity given that thiamine deficiency may cause brain damage in non-alcoholic patients (Adeyinka et al., 1996; Kohn et al., 1997; Reuler et al., 1985; Victor et al., 1989). Thiamine is an essential nutrient and plays an important role in metabolic and cellular function, particularly within the brain. Thiamine and thiamine-utilizing enzymes are involved in brain excitability (Schoffeniels, 1990), in addition to carbohydrate and energy metabolism (Collins et al., 1970). Additionally, thiamine may be involved in synthesis of neurotransmitters, nucleic acids, fatty acids, and steroids (Martin et al., 2003).

Many alcoholics consume less than 0.29 mg/1000 kcal of thiamine in their diet compared with 0.4–2.0 mg/1000 kcal of thiamine in the diet of healthy individuals (Woodhill and Nobile, 1972). Ethanol exposure may impair the absorption of thiamine (Gastaldi et al., 1989; Hoyumpa, 1980) and reduce the activity of enzymes responsible for

thiamine utilization and metabolism (Laforenza et al., 1990; Lavoie and Butterworth, 1995; Poupon et al., 1990; Tallaksen et al., 1992), resulting in decreased brain thiamine levels even in the presence of adequate nutrition. Since long-term ethanol consumption and malnutrition in the absence of alcoholism are the most common pathological conditions that detrimentally affect function and viability of the cerebellum (Adeyinka et al., 1996; Kohn et al., 1997; Reuler et al., 1985; Victor et al., 1989), some posit that thiamine deficiency in alcoholics may be the cause of cerebellar damage (Charness, 1993; Diamond and Messing, 1994; Fadda and Rossetti, 1998; Harper and Kril, 1990).

Recent studies demonstrated that cerebellar Purkinje cell shrinkage and degeneration in ethanol-dependent individuals related to ataxia of the lower limbs (Andersen, 2004; Sullivan et al., 2000). Postmortem studies revealed that 20–50% of severe alcoholics show predominant atrophy of the superior vermis of the cerebellum (Karhunen et al., 1994; Shear et al., 1996; Torvik and Torp, 1986). Interestingly, the incidence of cerebellar damage is more marked in patients suffering from Wernicke's encephalopathy (Baker et al., 1999; Nicolas et al., 2000; Phillips et al., 1987), a disorder characterized by thiamine deficiency, confusion, ataxia, incoordination of the lower limbs, and oculomotor abnormalities. However, cerebellar atrophy may occur in alcoholics without ataxia (Torvik and Torp, 1986; Victor et al., 1989) or malnourishment (Nicolas et al., 2000). Thiamine deficiency in animal models resulted in cerebellar damage and memory impairments similar to those observed in Wernicke's patients (Blank et al., 1975; Langlais and Savage, 1995). Thus, it is unclear if cerebellar atrophy observed in alcoholics is the result of nutritional deficiencies, long-term ethanol consumption, repeated withdrawals, hypothalamic–pituitary–adrenal axis alterations, and/or liver disease.

Data from this laboratory previously reported spontaneous cytotoxicity upon withdrawal from 10-day ethanol exposure in organotypic hippocampal slice cultures (Harris et al., 2003; Mulholland et al., 2003; Prendergast et al., 2004). Using this model, the present set of studies attempted to determine the role of thiamine deficiency in cerebellar damage associated with chronic ethanol exposure and withdrawal. To this end, cerebellar slice cultures from neonatal rats were exposed to a 10-day ethanol treatment followed by a 24-h withdrawal period. Pyriethamine, a selective antagonist of brain thiamine pyrophosphokinase and competitive inhibitor of the thiamine transporter (Casirolo et al., 1988, 1990; Iwashima et al., 1975; Yoshioka, 1984), represents a vehicle to induce thiamine deficiency in animal models (Butterworth and Heroux, 1989; Gibson et al., 1989). Thus, additional cultures were exposed to pyriethamine during ethanol treatment and withdrawal to assess a potential deleterious effect of thiamine deficiency in conjunction with chronic ethanol exposure and withdrawal. Cultures were also co-exposed to thiamine to determine if this

would prevent the cytotoxicity associated with pyriethamine and ethanol treatment.

EXPERIMENTAL PROCEDURES

Organotypic cerebellar slice culture preparation

Preparation of cerebellar cultures followed procedures described by Stoppini et al. (1991) with modifications as detailed below. Cerebellum from 8-day old male and female Sprague–Dawley rat pups (Harlan, Indianapolis, IN, USA) were aseptically removed and placed into cold (4 °C) dissecting medium (Minimum Essential Medium with 2 mM L-glutamine plus 25 mM HEPES and 50 μM penicillin/streptomycin solutions). Using a McIlwain tissue chopper (Mickle Laboratory Engineering Co. Ltd., Gomshall, UK), each cerebellum was sagittally sectioned at 350 μm and placed into fresh culture medium. Culture medium was composed of dissecting medium with the addition of 36 mM glucose, 25% (v/v) Hanks' balanced salt solution (HBSS), and 25% heat-inactivated horse serum (HIHS). Each cerebellum yielded ~16 slices. Two slices were randomly transferred onto individual Millicell-CM 0.4 μm biopore membrane inserts (Millipore, Marlborough, MA, USA) in 35 mm six-well culture plates containing 1 ml of pre-incubated culture medium. Excess medium on top of slices was aspirated to ensure cultures remained exposed to the atmosphere of 5% CO₂/95% air. Cultures were kept at 37 °C in an incubator at 95% humidity and were allowed to become attached to membrane inserts for 25 days prior to the start of the experiments. Culture medium was replenished every 5 days. Gibco BRL (Gaithersburg, MD, USA) supplied all culture medium solutions with the exception of HIHS (Sigma-Aldrich, Co., St. Louis, MO, USA). Thiamine concentration in culture medium was estimated to be ~2 μM. Given that the thiamine concentration of HIHS is unknown, the estimate for horse serum was based on thiamine concentrations from calf and goat serum. Care of all animals was carried out in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals (Institute of Laboratory Animal Resources, Commission on Life Sciences, National Research Council, 1996) in an effort to minimize the number of animals used and their suffering. All experiments were conducted in accordance with the University of Kentucky Institutional Animal Care and Use Committee guidelines.

Ethanol treatment and withdrawal

The method for ethanol treatment followed those employed in a previous study that demonstrated hippocampal toxicity due to ethanol withdrawal (Harris et al., 2003). At 25 days *in vitro* (DIV), all cultures ($n=12$ /group) were randomly transferred to six-well culture plates containing 1 ml of standard culture medium, some with the addition of 100 mM ethanol. All six-well culture plates were placed in topless polyethylene chambers that contained either 50 ml distilled H₂O for untreated controls or 100 mM ethanol in 50 ml distilled H₂O for ethanol-treated groups. Chambers were then placed in sealable plastic bags. The bags were filled with medical grade compressed gas (5% CO₂, 21% O₂, and 74% N₂), sealed, and returned to the incubator. After five continuous days in the incubator, all cultures were removed from their respective treatment plates and placed in new plates containing medium with the identical treatment as the previous 5 days. All treatments and water baths were refreshed at this time to compensate for ethanol evaporation during the first five days of treatment. Measurement of ethanol in culture medium, as described in Prendergast et al. (2004), indicated that an actual ethanol concentration of 100 mM was ~91.6 mM and, after 5DIV, declined to ~42.6 mM. Thus, 100 mM ethanol is indicative of a calculated starting concentration. After 10 days of continuous ethanol exposure, withdrawal was induced in some cultures by replacing ethanol-containing medium with fresh culture medium lacking ethanol. Additional

cultures, including some that were not previously exposed to ethanol, were treated with 100 mM ethanol for 24-h starting at 35DIV. All slices were then placed in the incubator for 24-h prior to assessing ethanol-associated cytotoxicity by the addition of 2.5 $\mu\text{g}/\text{ml}$ of propidium iodide (Molecular Probes™, Invitrogen Corporation, Eugene, OR, USA) in their respective treatment media. Previous research from this laboratory demonstrated in organotypic hippocampal slice cultures that withdrawal from 10-day exposure to 100 mM ethanol, but not 11-day continuous ethanol exposure, significantly increased propidium iodide fluorescence (Harris et al., 2003; Mulholland et al., 2003; Prendergast et al., 2004).

Pyriethamine and thiamine exposure

To assess the effects of thiamine deficiency, cultures were exposed to pyriethamine (hydrobromide; Sigma-Aldrich, Co.; 10–500 μM) for either 10 or 11 days starting at 25DIV. Additional cultures were co-exposed to pyriethamine for either 10 or 11 days in the presence of 11-day 100 mM ethanol treatment or 10-day ethanol exposure and withdrawal.

The next set of experiments aimed to determine whether the cytotoxicity associated with ethanol and pyriethamine treatment could be prevented by concurrent application of thiamine during the entire pyriethamine treatment period. Cultures that were treated with 500 μM pyriethamine and ethanol treatment were co-exposed to thiamine for 10 or 11 days (hydrochloride; Sigma-Aldrich, Co.; 1–100 μM). Thus, cultures were treated with both thiamine and pyriethamine for 10 or 11 days.

Measurement of cytotoxicity

Cytotoxicity (propidium iodide staining of damaged, dying, or dead neurons and glia) was detected by fluorescent microscopy at 36DIV. The use of propidium iodide as a marker of cytotoxicity significantly correlated with other reliable measures of cell death (for review, see Zimmer et al., 2000) and likely reflected staining of necrotic or end-stage apoptotic cells (Wolbers et al., 2004). Uptake of propidium iodide was visualized with SPOT Advanced version 4.0.2 software for Windows (W. Nuhsbaum Inc., McHenry, IL, USA) using a 2.5 \times objective on a Leica DMIRB microscope (W. Nuhsbaum Inc.) fitted for fluorescence detection (mercury-arc lamp) and connected to a personal computer via a SPOT 7.2 color mosaic camera (W. Nuhsbaum Inc.). Propidium iodide has a peak excitation wavelength of 536 nm and was excited using a band-pass filter that excited the wavelengths between 515 and 560 nm. The emission of propidium iodide in the visual range is 620 nm.

Intensity of propidium iodide, in arbitrary optical units, was determined by circling the entire cerebellar slice culture using Image J version 1.29x (National Institutes of Health, Bethesda, MD, USA). A background measurement was taken for each culture from the visual field surrounding the slice culture. This procedure allowed for an account of potential daily variation in camera performance. Each experiment was replicated two to four times, which yielded 'n' values of 24–48/treatment group. Data from individual experiments were converted to percent of control values using the following formula: $(S-B)/C$, where S was the intensity of fluorescence for a given slice; B was background intensity for that slice; and C was the mean fluorescence in controls. Data from each replicate were then combined for an overall statistical analysis. Control cultures demonstrated an average propidium iodide fluorescence, in arbitrary optical units across all experiments, of 13.455 ± 0.575 (mean \pm S.E.M.).

Statistical analysis

Data were analyzed using one-way analyses of variance to compare propidium iodide fluorescence in different treatment groups.

Table 1. Propidium iodide fluorescence in cerebellar cultures withdrawn from 10-day 100 mM ethanol exposure, in cultures treated with ethanol for 11 days, and in cultures exposed to ethanol for 1-day starting at 35DIV

Treatment	Propidium iodide fluorescence
Control cultures	0 (7.74 \pm 0.43)
Ethanol withdrawal	4.63 \pm 3.25
Continuous ethanol	1.44 \pm 5.82
Acute ethanol	5.13 \pm 2.33

In all three treatments, no significant effects on propidium iodide uptake were observed when compared to levels demonstrated in control cultures. Data expressed as percentage above untreated controls (mean \pm S.E.M.). Data in parentheses represent raw fluorescence data expressed in arbitrary units.

When appropriate, post hoc analyses were conducted using Fisher's LSD test with a level of significance set at $P < 0.05$.

RESULTS

Ethanol treatment

One-day of withdrawal from 10-day 100 mM ethanol exposure did not significantly increase the fluorescence of propidium iodide [$F(1,92)=1.341$, $P=0.25$]. The extent of propidium iodide fluorescence in ethanol withdrawn cultures was approximately 5% above untreated control values. Propidium iodide fluorescence in cultures exposed to ethanol for 11-days did not significantly differ from values measured in control cultures [$F(1,46)=1.282$, $P=0.26$]. In addition, one-day ethanol treatment (i.e. acute exposure) starting at 35DIV in previously untreated cultures did not significantly increase propidium iodide fluorescence [$F(1,46)=3.207$, $P=0.08$]. These data are presented in Table 1.

11-Day pyriethamine exposure and ethanol withdrawal

The next set of experiments examined the potential cytotoxic effects of thiamine deficiency induced by 11-day pyriethamine (10–500 μM) exposure and ethanol withdrawal. Analyses indicated that 11-day treatment with 100 and 500 μM pyriethamine significantly increased propidium iodide fluorescence \sim 21% above levels observed in control tissue [$F(3,66)=5.728$, $P=0.002$; post hoc $P < 0.05$]. An \sim 8% increase above control levels was observed in cultures treated with 10 μM pyriethamine for 11 days, but this did not reach statistical significance [post hoc $P=0.24$]. Cultures that were withdrawn from 10-day 100 mM ethanol exposure were also treated with pyriethamine (10–500 μM) for 11 days. When co-applied to cultures during ethanol treatment and withdrawal, pyriethamine treatment markedly increased propidium iodide fluorescence above control levels [$F(7,112)=3.949$, $P < 0.001$; post hoc $P < 0.05$]. Post hoc analyses indicated that propidium iodide fluorescence in ethanol withdrawn cultures treated with 100 μM pyriethamine was significantly elevated \sim 38% above levels observed in controls. In addition, propidium iodide fluores-

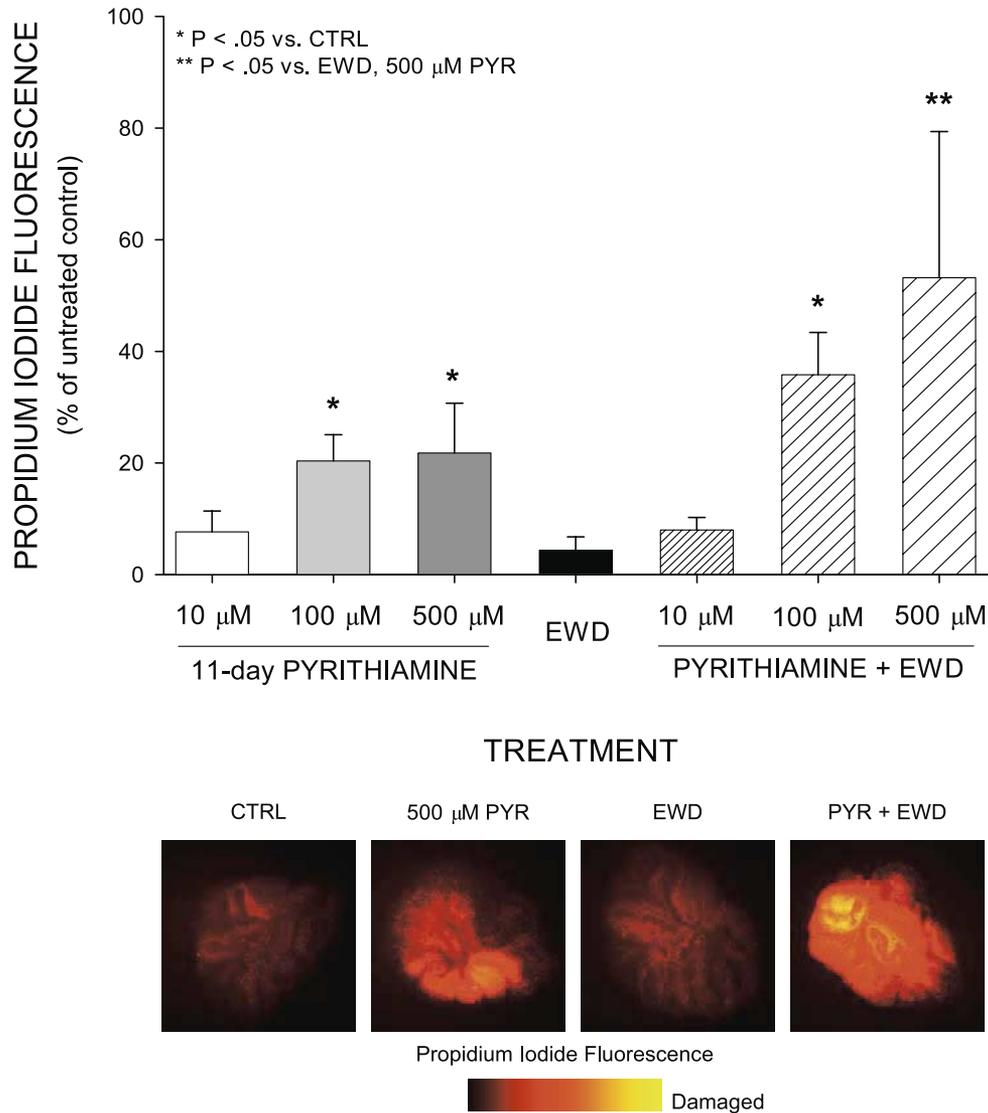


Fig. 1. Effects of 11-day pyriethamine exposure, ethanol withdrawal, and their combination on propidium iodide fluorescence. Exposure of cultures to pyriethamine (100–500 μM) resulted in significant uptake of propidium iodide, whereas damage in ethanol withdrawn cultures did not differ from control cultures. When co-applied to cultures during ethanol treatment and withdrawal, 500 μM pyriethamine exposure markedly increased propidium iodide fluorescence above levels observed in cultures treated with 500 μM pyriethamine. Data expressed as percentage above untreated control (mean \pm S.E.M.). Representative images of propidium iodide fluorescence in these cultures are presented at bottom.

cence in ethanol withdrawn cultures treated with 500 μM pyriethamine were markedly elevated when compared with levels observed in ethanol withdrawn cultures and those treated with 500 μM pyriethamine alone. These data and representative cerebellar images are presented in Fig. 1.

These experiments examined the potential cytoprotective effects of thiamine treatment against insult induced by 500 μM pyriethamine and 100 mM ethanol co-exposure. Cultures that were co-exposed to 500 μM pyriethamine for 11 days and withdrawn from 10-day ethanol were also co-exposed to thiamine (1–100 μM) for 11-days. Analysis revealed that thiamine co-exposure concentration-dependently prevented the elevated propidium iodide fluorescence observed in ethanol withdrawn cultures treated with pyriethamine [$F(8,99)=3.482$, $P=0.001$; post hoc $P<0.05$].

Post-hoc analyses demonstrated that 10 and 100 μM thiamine significantly reduced propidium iodide fluorescence, with the highest concentration completely preventing the cytotoxicity. Data and representative images of these cultures are presented in Fig. 2.

10-Day pyriethamine exposure and ethanol withdrawal

Additional cultures were treated with 500 μM pyriethamine for 10 days with propidium iodide fluorescence measurement at 36DIV. Analyses demonstrated a significant increase ($\sim 22\%$) in these cultures when compared with levels observed in controls [$F(1,42)=6.968$, $P=0.01$; post hoc $P=0.01$]. Pyriethamine (500 μM) was also co-exposed

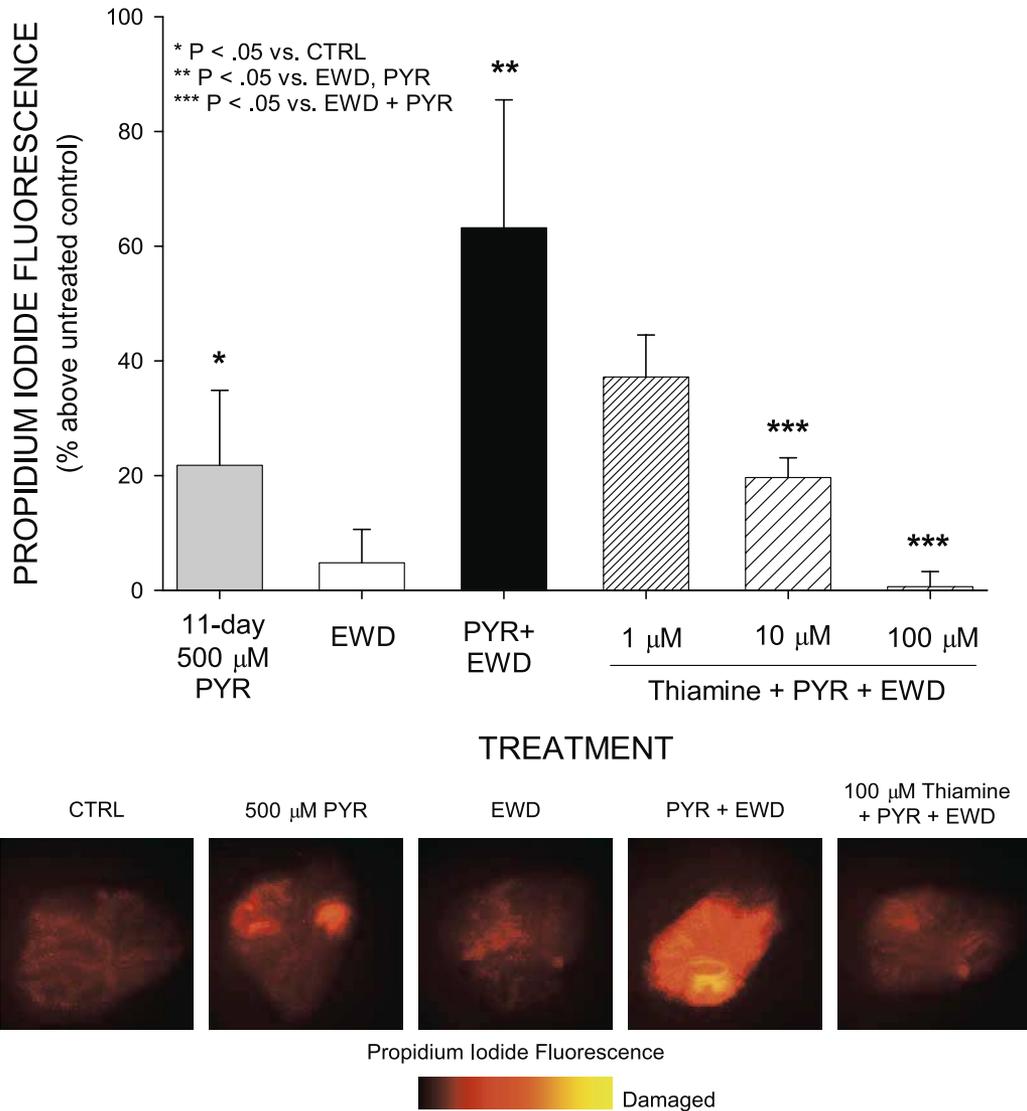


Fig. 2. Effects of 11-day thiamine and 500 μ M pyrithiamine co-exposure in cultures withdrawn from ethanol. Thiamine (10–100 μ M) co-application with pyrithiamine significantly prevented the significant uptake of propidium iodide observed in cultures withdrawn from ethanol. Data expressed as percentage above untreated control (mean \pm S.E.M.). Representative images of propidium iodide fluorescence in these cultures are presented at bottom.

to cultures for 10 days with ethanol and withdrawn in the presence of normal culture medium containing propidium iodide. This exposure period resulted in a significant increase in propidium iodide fluorescence above levels observed in cultures withdrawn from ethanol or 10-day 500 μ M pyrithiamine exposure alone [$F(7,80)=10.708$, $P<0.001$; post hoc $P<0.05$]. Whereas withdrawal from 10-day ethanol and pyrithiamine treatment increased propidium iodide uptake by \sim 5% and \sim 22%, respectively, their co-exposure increased cytotoxicity by \sim 90% above levels observed in control cultures (Fig. 3).

Subsequently, cultures were co-exposed to thiamine (1–100 μ M), pyrithiamine, and ethanol for 10 days and were withdrawn in the presence of normal culture medium containing propidium iodide. Analysis demonstrated that thiamine co-exposure concentration-dependently pre-

vented the cytotoxicity observed in ethanol withdrawn cultures exposed to 10-day pyrithiamine [$F(8,91)=10.254$, $P=0.001$; post hoc $P<0.05$]. Post-hoc analyses revealed that 10 and 100 μ M thiamine significantly attenuated the cytotoxicity associated with ethanol and pyrithiamine co-exposure. These data and representative images are presented in Fig. 3.

11-Day pyrithiamine and ethanol exposure

Cultures were then co-exposed to pyrithiamine (10–500 μ M) and ethanol for 11 days (Fig. 4). When co-applied to cultures during ethanol treatment, pyrithiamine markedly increased propidium iodide fluorescence above control levels [$F(8,99)=9.624$, $P<0.001$; post hoc $P<0.05$]. Post hoc analyses indicated that propidium iodide fluorescence

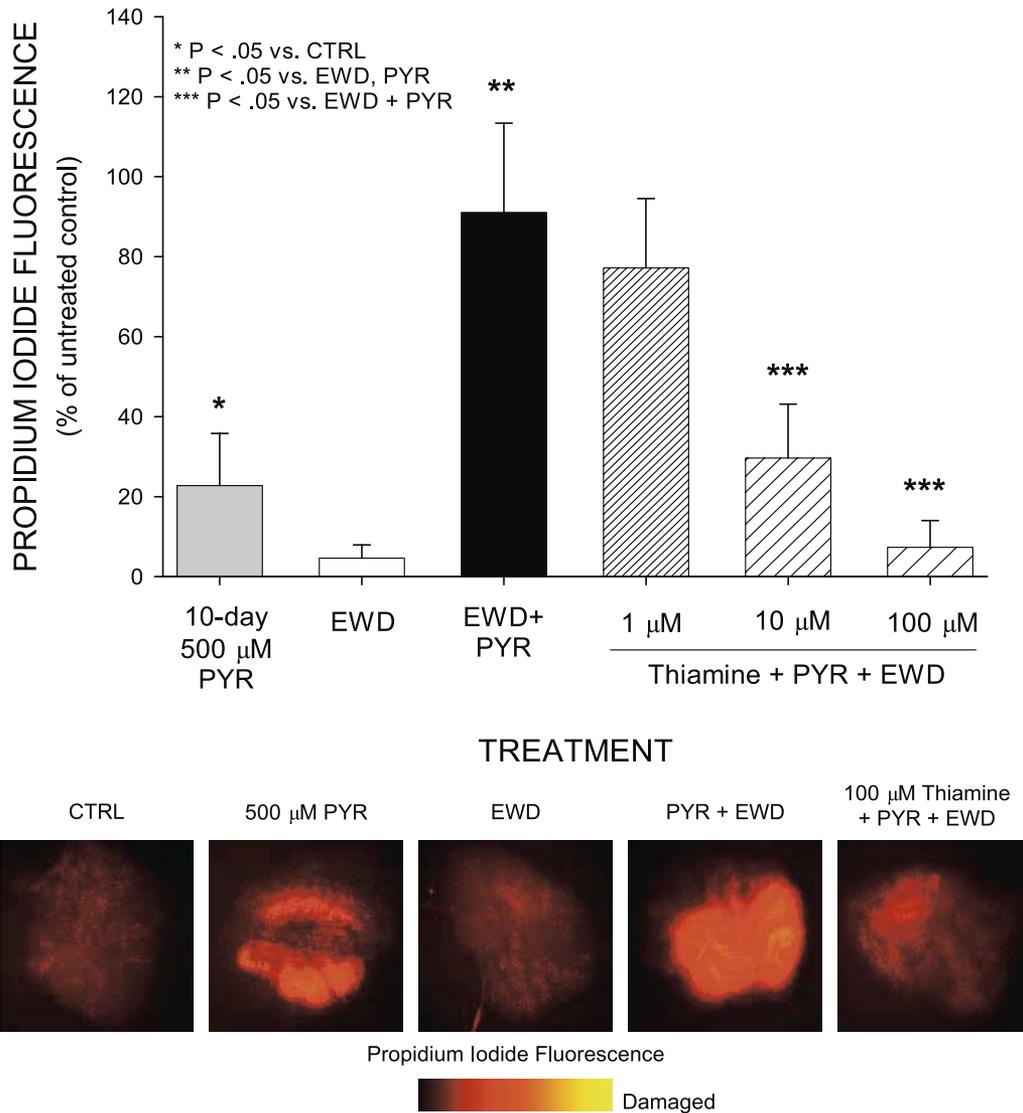


Fig. 3. Propidium iodide fluorescence observed after 10-day thiamine and 500 μ M pyrithiamine co-exposure in cultures withdrawn from ethanol. Thiamine (10–100 μ M) co-application significantly prevented the significant uptake of propidium iodide observed in cultures treated with pyrithiamine and ethanol for 10 days. Data expressed as percentage above untreated control (mean \pm S.E.M.). Representative images of propidium iodide fluorescence in these cultures are presented at bottom.

in ethanol-treated cultures co-exposed to 500 μ M pyrithiamine was significantly elevated above levels observed in ethanol-treated cultures and in cultures treated with 500 μ M pyrithiamine. Additional analyses compared the extent of propidium iodide fluorescence in cultures co-exposed to 11-day pyrithiamine and ethanol with levels observed in cultures treated with 11-day pyrithiamine and withdrawn from 10-day ethanol exposure. Propidium iodide fluorescence between these two groups did not significantly differ [$F(1,68)=1.425$, $P=0.24$].

Finally, cultures were co-exposed to thiamine (1–100 μ M), pyrithiamine, and ethanol for 11 days. Analysis indicated that 11-day thiamine co-exposure concentration-dependently prevented the cytotoxicity observed in ethanol- and pyrithiamine-treated cultures [$F(8,99)=9.624$, $P=0.001$; post hoc $P<0.05$]. Post hoc analyses revealed

that both 10 and 100 μ M thiamine co-exposure significantly prevented ethanol- and pyrithiamine-induced cytotoxicity. These data and representative images of cultures exposed to thiamine, pyrithiamine, and ethanol for 11-days are presented in Fig. 4.

DISCUSSION

Malnutrition in ethanol-dependent individuals has been suggested to be a likely cause of cerebellar damage (Charness, 1993; Diamond and Messing, 1994; Fadda and Rossetti, 1998; Harper and Kril, 1990). Recent studies demonstrated Purkinje cell degeneration and atrophy of the superior vermis in alcoholics (Andersen, 2004; Karhunen et al., 1994; Shear et al., 1996; Sullivan et al., 2000; Torvik and Torp, 1986). The incidence of cerebellar damage is

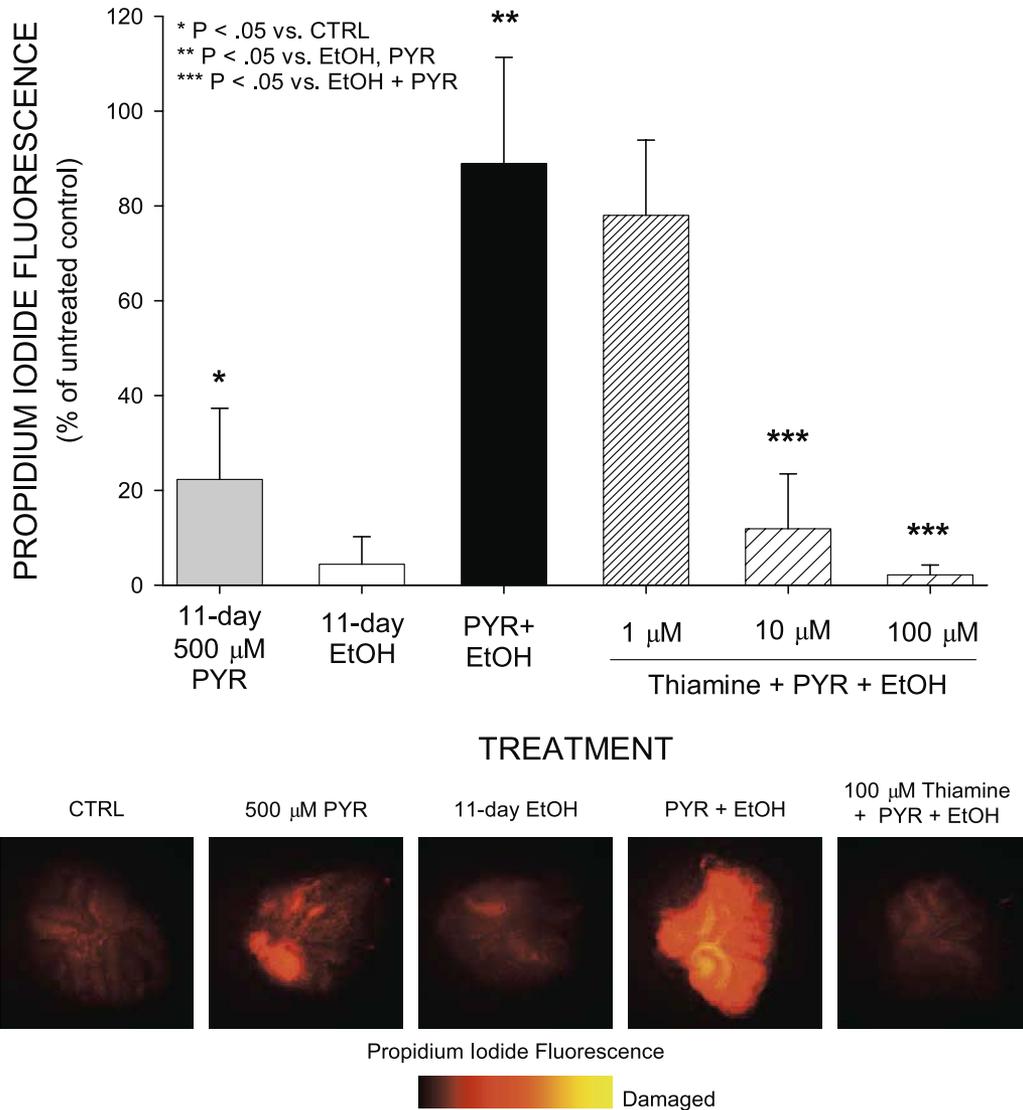


Fig. 4. Uptake of propidium iodide demonstrated after 11-day thiamine, 500 μM pyriethamine, and continuous ethanol co-exposure. Thiamine (10–100 μM) co-application in cultures treated with pyriethamine and continuous ethanol significantly prevented the observed cytotoxicity. Data expressed as percentage above untreated control (mean±S.E.M.). Representative images of propidium iodide fluorescence in these cultures are presented at bottom.

more prominent in patients suffering from Wernicke's encephalopathy and thiamine deficiency (Baker et al., 1999; Nicolas et al., 2000; Phillips et al., 1987). However, 45% of well-nourished alcoholics demonstrated cerebellar shrinkage (Nicolas et al., 2000), although past episodes of malnutrition may account for the damage. It remains unclear if thiamine deficiency is a contributing factor underlying chronic ethanol-associated cerebellar damage. Findings from this *in vitro* study suggest that cerebellar damage is related to a pathological interaction between thiamine deficiency and ethanol exposure. The combined exposure of pyriethamine and chronic ethanol resulted in prominent cerebellar damage compared with each treatment by itself.

In this report, neither continuous 100 mM ethanol exposure nor withdrawal from 10-day ethanol exposure re-

sulted in significant cerebellar uptake of propidium iodide, in contrast to previous findings in hippocampal tissue (Harris et al., 2003; Mulholland et al., 2003; Prendergast et al., 2004). Although the present studies did not assess ethanol concentration in culture medium, these studies employed methods identical to those reported in Prendergast et al. (2004), which included studies measuring ethanol concentration in medium. This study reported that, using a calculated starting concentration of 100 mM ethanol, actual medium concentrations of ethanol were approximately 91 mM on day 1 of treatment and 42 mM on day 5 of treatment, at which time ethanol content was replenished. It is highly unlikely, then, that the lack of cerebellar toxicity observed in the present studies during ethanol treatment or withdrawal can be attributed to treatment with low concentrations of ethanol.

A significant elevation in propidium iodide fluorescence was observed in cultures treated with the thiamine-depleting agent pyrithiamine. Perhaps most important, a marked increase in propidium iodide fluorescence was observed in cultures co-exposed to pyrithiamine and continuous ethanol or those withdrawn from 10-day ethanol. The extent of propidium iodide fluorescence in cultures co-exposed to 11-day pyrithiamine and continuous ethanol was similar to levels observed in cultures treated with 11-day pyrithiamine and withdrawn from 10-day ethanol exposure. It seems as though the ethanol withdrawal phenomenon failed to contribute to the damage associated with ethanol and pyrithiamine co-exposure. In addition, co-exposure of cerebellar cultures to thiamine prevented the cytotoxicity associated with pyrithiamine and ethanol treatment. Interestingly, cerebellar dysfunction may be preventable provided that thiamine administration reversed behavioral impairments, even in actively drinking individuals (Victor et al., 1989), as well as metabolic disturbances of thiamine depletion (Lee et al., 1995). In ethanol-dependent individuals without signs of Wernicke's encephalopathy, thiamine administration dose-dependently increased performance on a cognitive task sensitive to impairments associated with Wernicke's encephalopathy (Ambrose et al., 2001).

Thiamine depletion in alcoholics may be related to a number of factors. First, alcoholics consume less dietary thiamine (Woodhill and Nobile, 1972) and Mg^{2+} (Flink, 1986; Morgan, 1982), which is involved in cellular thiamine utilization. Second, ethanol exposure impaired the absorption of thiamine from the gastrointestinal tract (Gastaldi et al., 1989; Hoyumpa, 1980). Third, both acute and chronic ethanol exposure decreased activity of cellular enzymes responsible for thiamine utilization and increased activity of phosphatases involved in the breakdown of the active form of thiamine (Laforenza et al., 1990; Lavoie and Butterworth, 1995; Poupon et al., 1990; Tallaksen et al., 1992). Finally, there is evidence for a genetic vulnerability to thiamine deficiency (Blass and Gibson, 1977; Martin et al., 1993; Mukherjee et al., 1987). Thus, these means to reduce cellular thiamine may cause neuronal damage through impaired energy metabolism (Pannunzio et al., 2000) or oxidative stress (Todd and Butterworth, 1999). A role for oxidative stress has also been implicated in ethanol-associated neurodegeneration (Fadda and Rossetti, 1998). In addition, damage associated with thiamine deficiency, as well as ethanol withdrawal, may involve increasing glutamatergic processes and over-activity of *N*-methyl-D-aspartate type-glutamate (NMDA) receptors (Langlais, 1995; Prendergast et al., 2004; Whittington et al., 1995).

This report failed to demonstrate significant cerebellar cytotoxicity, as measured by propidium iodide fluorescence, in cultures treated with 100 mM ethanol for 11-days or in cultures withdrawn from 10-day exposure. In animal models, ethanol consumption of 5 weeks or longer followed by a prolonged withdrawal period reduced the number of Purkinje neurons (Jung et al., 2002, 2003; Phillips and Cragg, 1984; Wenisch et al., 1997). In one case, damage was observed in Purkinje neurons following a 4-month withdrawal, but not after a 4-month consumption

period (Phillips and Cragg, 1984). Another study demonstrated losses of Purkinje and granule neurons after a 4-month ethanol diet and after a 4-month recovery from this diet (Phillips, 1990). In contrast, a 3-week exposure to ethanol vapor failed to reduce the number of Purkinje neurons (Phillips and Cragg, 1982). Moreover, long-term ethanol consumption by young and aged adult F344 and Wistar-Kyoto rats failed to reduce the number of cerebellar granule neurons or volume of the granule cell layer (Pentney et al., 2002). The intensity of propidium iodide fluorescence in this report was assessed using one measurement for the whole slice across all lobes and zones that accounted for gross damage in the deep cerebellar nuclei (i.e. dentate, interposed, and fastigial nuclei), Purkinje, molecular and granule cell layers, glial cells, etc. Further work in these cultures should examine the specific effects of thiamine deficiency and ethanol exposure on degeneration of Purkinje and granule neurons, deep cerebellar nuclei, and regional differences of cerebellar lobes and functional zones (i.e. superior vermis). In addition, research should address these contradictory findings on the sensitivity of Purkinje and granule cells to ethanol-induced damage.

Some studies have failed to demonstrate hippocampal damage following thiamine deficiency (Langlais, 1992; Langlais et al., 1992), although this is not consistent (Irlé and Markowitsch, 1983). These data led to the hypothesis that hippocampal damage in alcoholics is thiamine deficiency-independent (Fadda and Rossetti, 1998), whereas cerebellar damage is related to thiamine deficiency (Charness, 1993; Diamond and Messing, 1994; Fadda and Rossetti, 1998; Harper and Kril, 1990). Data from this laboratory demonstrated a sensitivity to ethanol withdrawal-induced damage in organotypic hippocampal cultures (Harris et al., 2003; Mulholland et al., 2003; Prendergast et al., 2004), but, as presented in this report, ethanol withdrawal failed to significantly increase propidium iodide uptake in organotypic cultures from cerebellum. Significant cerebellar damage was only observed when cultures were chronically co-exposed to pyrithiamine and ethanol. In their review, Fadda and Rossetti (1998) suggest that the sensitivity to ethanol-induced damage in different brain regions may be related to a disparity in subunit composition of glutamate receptors or in the glutamatergic input to that region. Indeed, NMDA receptor binding determined by quantitative autoradiography in human postmortem brain revealed much higher hippocampal binding of glutamate, CGP-39653, and MK-801 when compared with cerebellar vermal binding (Freund and Anderson, 1999). It is possible that this regional difference with regard to ethanol withdrawal toxicity is related to the relatively low density of the ethanol-sensitive NR2B subunit of the NMDA receptor in the cerebellum as compared with high density in the hippocampus (Monyer et al., 1992, 1994). Additionally, hippocampal cultures contain intrinsic glutamatergic projections (i.e. mossy fibers, Shaffer collaterals) that contribute to excitotoxicity (Mulholland and Prendergast, 2003; Prendergast et al., 2004), whereas organotypic culturing techniques removed afferent glutamatergic projections (i.e.

mossy and climbing fibers; Ito, 1984) to the cerebellum. However, intrinsic glutamate-enriched parallel fibers, the axons of cerebellar granule cells, do synapse on Purkinje cells (Somogyi et al., 1986; Ottersen, 1987). Following a 3- or 4-day ethanol exposure, both hippocampal slice cultures and cerebellar granule cells demonstrated an increased response to glutamatergic insult (Hoffman, 1995; Iorio et al., 1993; Mayer et al., 2002). Thus, further *in vivo* and *in vitro* work should examine the combined effect of thiamine deficiency and ethanol exposure to properly compare the mechanisms of ethanol-associated damage between the cerebellum and hippocampus.

The high affinity thiamine transporter in neurons has a K_d of ~40 nM for thiamine and ~60 nM for pyriethamine (Bettendorff and Wins, 1994). It should be noted that the thiamine concentration in the culture medium utilized in this model was ~2 μ M. Because this organotypic model allows for a slow diffusion of drug from medium through the biopore membrane into tissue, it was necessary to use concentrations of compounds (e.g. 500 μ M pyriethamine and 100 μ M thiamine) above the K_d for the high affinity transporter and above concentrations used in models employing dissociated cells. To compare, cell death was observed in dissociated cerebellar granule cells after a 7-day exposure to 50 μ M pyriethamine (Pannunzio et al., 2000). Although the concentrations employed in this study are well above the K_d for the high affinity transporter, it remains that thiamine, at concentrations (i.e. ≥ 10 μ M) lower than pyriethamine, effectively reduced the elevation of propidium iodide uptake observed in cultures treated with 500 μ M pyriethamine and ethanol.

After a 10-week thiamine-deficient diet or ethanol vapor exposure, no significant cytotoxicity was observed in mouse cerebellum; however, when given a combined thiamine-deficient diet with ethanol, axon terminal degeneration was present in deep cerebellar nuclei (Phillips, 1987). Additionally, a synergic effect on reference memory was demonstrated in rats exposed chronically to thiamine deficiency and ethanol treatment (Ciccia and Langlais, 2000). Taken in conjunction with findings from the above *in vivo* studies, results from this report suggest an interaction between ethanol exposure and thiamine deficiency in ethanol-associated cerebellar damage. In conclusion, these data imply that cerebellar dysfunction in ethanol-dependent individuals may be related to thiamine deficiency. In accordance with studies that observed a beneficial effect of thiamine administration on cerebellar function (Ambrose et al., 2001; Lee et al., 1995; Victor et al., 1989), this study demonstrated that thiamine administration prevented the cytotoxic effects of thiamine deficiency and ethanol co-exposure.

Acknowledgments—The authors acknowledge the generous support of NIAAA (AA014771-P.J.M.; AA13561-M.A.P.). The authors also thank Eva Kaplan, Robert Holley, Allison Hensley, and Alexandra Kowalski for their exceptional technical assistance in completing these studies.

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(Accepted 22 June 2005)
(Available online 13 September 2005)