

Ivermectin: pharmacology and therapeutic applications

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ABSTRACT

Ivermectin is an antiparasitic drug with a broad spectrum of activity, high efficacy as well as a wide margin of safety. It belongs to the family of avermectins. It binds to glutamate-gated chloride ion channels, which are present in invertebrate nerve and muscle cells, and causes the paralysis and death of the parasite. Ivermectin is approved by the US Food and Drug Administration, and used worldwide to treat patients with onchocerciasis and strongyloidiasis. It is also used against a wide range of endoparasites (nematodes) and ectoparasites (insects, acarine) of animals and humans.

Keywords: Antiparasitic, Onchocerciasis, Strongyloidiasis, Scabies, *Trichuris trichiura*, Filariasis

INTRODUCTION

Ivermectin (MK-0933, 22, 23-dihydroderivative of avermectin B1) is a synthetic derivative of a broad-spectrum antiparasitic class of macro cyclic lactones known as avermectins. Avermectin B was first isolated by fermentation of a soil microorganism, the actinomycete *Streptomyces avermitilis*. Ivermectin has a structure similar to that of macrolide antibiotics, but without antibacterial activity (Figure 1).¹

MECHANISM OF ACTION

Ivermectin acts by binding selectively to specific neurotransmitter receptors that function in the peripheral motor synapses of parasites. It has an endectocidal effect (simultaneously against India and ectoparasites) causing paralysis of nematodes, arthropods and insects by suppressing the conduction of nervous impulses in the interneuronic (intermediary neurons) synapses of nematodes and the nerve-muscle synapses of the arthropods and insects.³

Ivermectin blocks chemical transmission across the nerve synapses that use glutamate-gated anion channels or γ -aminobutyric acid-gated chloride channels. Stimulation of γ -aminobutyric acid (GABA) release from presynaptic nerve endings and enhancement of the binding to the

postsynaptic receptors accomplishes this.^{4, 5} Ivermectin does not affect synapses gated by other transmitter substances, such as acetylcholine, nor epinephrine, and serotonin.⁶ This leads to an increase in the permeability of the cell membrane to chloride ions with the hyper polarization of the cell, resulting in paralysis and death of the parasite (Figure 2).⁷

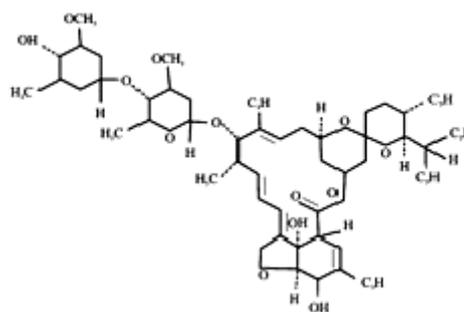


Figure 1: Structure of ivermectin²

In humans GABA and glutamate do not affect peripheral motor function. Thus, ivermectin selectively paralyzes invertebrates. Ivermectin is well tolerated by mammals because glutamate-gated anion channels or GABA-gated chloride channels are localized only in the central nervous system; the drug cannot penetrate through the hematoencephalic barrier.²

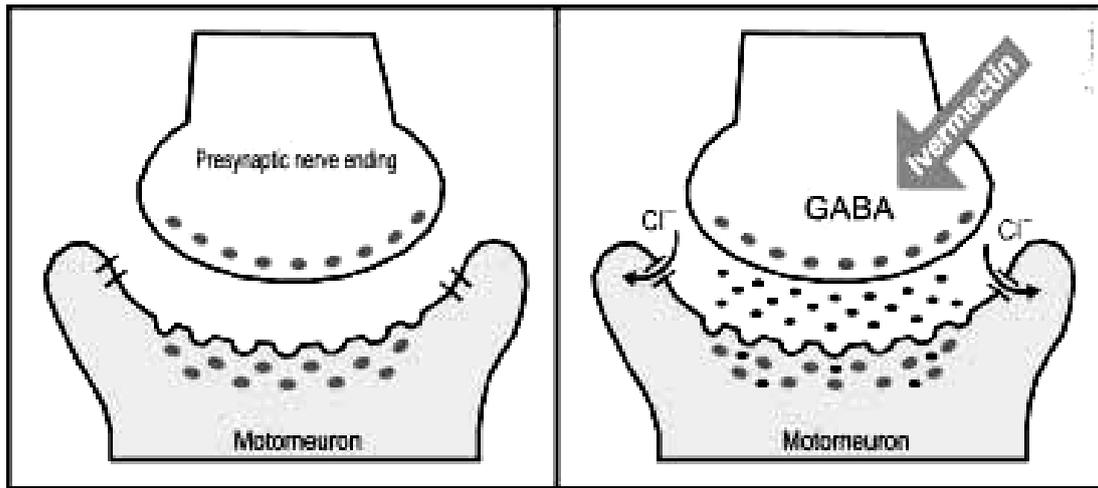


Figure 2: Ivermectin action of γ -aminobutyric acid (GABA)-gated chloride channels in the interneuronic synapses of a parasite (i.e. Increased release of GABA at the presynaptic nerve ending; opening of the chloride ion channels; increased binding GABA at the motor neuron).²

PHARMACOKINETIC

It is absorbed rapidly and given orally on an empty stomach, metabolized in the liver and excreted in the feces (98%) and urine (1%). Minimal concentration of this drug has been observed in human milk. Concentration of ivermectin in blood peaks at 30 - 46 ng/mL around 4 h post doses, and slowly decreases thereafter.^{8, 9} Peak plasma concentration of metabolites remains longer than that of the parent drug, suggesting enterohepatic recycling. Ivermectin was present in fat, skin, subcutaneous fascia and nodules.¹⁰ Ivermectin reaches peak plasma levels 5 h after oral administration and has a half-life of 36 h.¹¹ The peak concentration of the drug in squames, sebum and sweat on the forehead and the antithenar was 8 h after a single 12-mg oral dose and declined after 24 h.¹²

SAFETY AND ADVERSE REACTIONS

Transient and mild adverse reactions have been reported in 24% of filarial disease patients, with signs and symptoms including anorexia, asthenia, headache, arthralgia, myalgia, fever, and eosinophilia. Mazzotti reactions and sudden death from the release of degradation products of microfilaria were observed in patients with filarial diseases.¹³ Macular and papular rashes and pruritus (33%) between 2 and 4 days after oral ivermectin in patients with scabies has been noted. (This adverse reaction is the result of the release of toxic products from dying or dead mites.) Hematomas and an increase in prothrombin time in a few patients have been observed. Occasionally, nausea and a decrease in blood pressure, as well as flat T waves or prolonged PR times on ECG, have been described.¹⁴

On the basis of a statistical study it was suggested that the death in 15 out of 47 elderly patients may have been associated with a single oral dose of ivermectin (0.15–0.2 mg / kg) for treatment of scabies.¹⁵ According to some observations the mortality rate 6 months after treatment did not differ significantly from that seen 30 months before treatment.^{16, 17}

DRUG INTERACTIONS

To interrupt the transmission of onchocerciasis in humans, the combination of ivermectin and doxycycline is highly effective as, in infested patients, the ingestion of the anthelmintic (200 μ g/kg, single dose) and the antibacterial (100 mg/kg, daily for 6 weeks), kept the microfilaridemia levels low more time than did ivermectin alone. Doxycycline enhanced ivermectin-induced suppression of microfilaridemia, as it sterilizes adult female worms for a few months by depletion of symbiotic endobacteria of filariae, *Wolbachia* spp. essential for their survival and reproduction.¹⁸

Also in onchocerciasis patients, the antiparasitic efficacy was similar when administering a single ivermectin dose (150 μ g/kg, on day 1) followed by amercazine (3 mg/kg twice daily, on days 8, 9 and 10) than when administering ivermectin alone.¹⁹ Similarly, the combination of ivermectin (200 μ g/kg) and levamisole (2.5 mg/kg) was neither macrofilaricidal nor more effective against the microfilariae and the adult worms than ivermectin alone, although levamisole increased ivermectin plasma bioavailability in these patients.²⁰

The efficacy of drugs available for the treatment of infection with *Trichuris trichiura* is low in humans. Single dose treatment with albendazole (400 mg) and

ivermectin (200 µg/kg) appears to be highly effective against trichuriasis, being higher than when administering albendazole alone or with diethylcarbamazine (6 mg/kg).²¹ Thus, ivermectin interactions with another concurrently administered drug can occur. This issue became important, as combination chemotherapy is being used with increasing frequency as resistance to antiparasitic agents is becoming more widespread.¹⁰

A man that had been on long term oral anticoagulant therapy with acenocoumarol showed a persistent, excessive hypocoagulability while using insecticides (ivermectin and metidation) without protection to treat trees. These types of interactions can exist and could cause hemorrhagic complications.¹⁰

The influence of alcohol in ivermectin kinetic behavior is scarce; co-ingestion of alcoholic drinks however is not recommended, because of ivermectin association with GABA receptors and the effect of alcohol in the central nervous system. In healthy volunteers administered ivermectin orally (150 µg/kg), plasma levels were significantly higher when co administered with 750 ml of beer than with 750 ml of water.²² Ivermectin (150 µg/kg) was administered to 16 individuals with water or orange juice (750 ml). Orange juice decreased AUC (15.7 ng.d.ml⁻¹) and C_{max} (20.7 ng.ml⁻¹), possibly because fruit juices and constituents are potent inhibitors of certain drug transporters.²³

THERAPEUTIC USES IN DERMATOLOGY

Ivermectin is used in dermatology against some parasitic infestations in humans with cutaneous tropism. The drug is of great interest in the treatment of patients with different forms of scabies, human body lice, head lice, demodecicosis, cutaneous larva migrans, cutaneous larva currens, myiasis, and filariasis.²

ONCHOCERCIASIS (AFRICAN RIVER BLINDNESS)

Onchocerca volvolus infestation is characterized by disseminated prurigo, lichenification, and subcutaneous nodules (onchocercomas) on the trunk and extremities.²⁴ Infestation of the eye leads to blindness. Ivermectin was introduced against *Onchocerca volvolus*,²⁵ and has been used extensively in humans to control endemic onchocerciasis.²⁶ Ivermectin causes a dramatic decrease of the microfilarial load in the skin of patients with onchocerciasis and thus leads to a clinical improvement of the symptoms.²⁷ When used as a single annual or semi-annual dose, ivermectin has no effect on the adult female filaria, whose life may last 14 years or longer. Thus to maintain the beneficial effect of the treatment, ivermectin must be given repeatedly throughout the lifespan of the parasite.²⁸ Two therapeutic options have shown some encouraging results. First, ivermectin combined with long-term treatment with doxycycline may cause the sterilization of the adult female worm, perhaps

permanently.¹⁸ Secondly, increasing the frequency of ivermectin distribution from annually to every 3 months decreases the fecundity of the adult female parasite two-to-threefold and this effect is long-lasting.²⁹

FILARIASIS

Filariasis is an infestation by filarial worms (*Filaria bancrofti*, *Wuchereria malayi*) whose vectors are mosquitoes (*Culex*, *Anopheles*, *Aedes* and *Mansonia*). Clinical manifestations commence after a long incubation period and include acute lymphangitis of the legs, lymphadenitis, and orchitis, and finally lead to elephantiasis. Patients with filariasis have been treated with oral ivermectin; microfilaria rapidly disappears but the efficacy is temporary, necessitating repeated courses.^{30, 31}

LYMPHATIC FILARIASIS

Ivermectin given as a single annual dose of 200 mcg/kg body weight or higher, with or without combination with diethylcarbamazine have great potential as a therapeutic strategy to control bancroftian filariasis. However, there are controversies regarding co-administration of ivermectin with diethylcarbamazine or albendazole. The combination of ivermectin and diethylcarbamazine was significantly more efficient than diethylcarbamazine alone in a large study performed in Papua New Guinea.³¹ It has been shown in Ghana that the difference in efficacy between the combination of ivermectin and albendazole and ivermectin alone appeared minimal after 12 months, whereas albendazole alone demonstrated significantly decreased efficacy.³²

CUTANEOUS LARVA MIGRANS

Cutaneous larva migrans is caused by cutaneous penetration of larvae of animal hookworms (usually *Ancylostoma braziliense*). Patients with this disease have been successfully treated with a single 12-mg oral dose (200 mcg/ kg) of ivermectin.^{33, 34, 35} Pruritus resolved completely in every case, while the progression of the larva tracts was stopped within 48 h.³³

CUTANEOUS LARVA CURRENS

Larva currens is a cutaneous manifestation of strongyloidiasis.³⁶ Three patients with clinical manifestations of larva currens and a positive stool test for *Strongyloides stercoralis* larvae were treated with a 12-mg oral dose of ivermectin. Three months later two patients had been cured. The third patient who had not been affected by this treatment was given a further 24-mg dose of ivermectin for two consecutive days. Three months later she was asymptomatic.³⁷

DEMODECIDOSIS

Demodex folliculorum is a normal inhabitant of human skin. In immunosuppressed patients it causes facial or disseminated demodicidosis that can be a therapeutic challenge. Two children with acute leukemia and disseminated demodicidosis were treated successfully with a single oral dose of 250 mcg/kg of ivermectin. Relapses after 6 months were also treated with a new dose. Treatment of papulopustular rosacea-like facial demodicidosis with oral ivermectin and topical permethrin 5% was also successful.²

MYIASIS

Cutaneous myiasis is an infestation of humans by fly larvae. Four cases of traumatic myiasis caused by *Cochliomyia hominivorax* were topically treated with 1% ivermectin in propylene glycol (400 mcg/kg) for 2 h.³⁸ Within 15 min the pain decreased and after 1 h most of the larvae died. After 24 h no viable larvae remained. Twenty-nine patients with furuncular myiasis from *Dermatobia hominis* were effectively treated with topical ivermectin (10% in propylene glycol) for 2 h. After local anesthesia the skin lesions were incised and the parasite removed by digital compression.³⁹ A single oral dose of ivermectin (200 mcg/kg) in one patient with cutaneous myiasis resulting from *H. lineatum* was also effective, and led to spontaneous migration of the maggots.²

LOIASIS

The vector of *loa-loa* is the horsefly. Chrysoids induces cutaneous manifestations such as a transient prurigo nodularis-like swelling (Calabar swelling) on the upper extremities. Ivermectin is highly effective for the treatment of loiasis.⁴⁰

The treatment of loiasis with ivermectin may produce severe adverse reactions, as diethylcarbamazine, but they are less frequent and is rarely life threatening. Ivermectin may also induce serious neurologic reactions in patients with high microfilaremia.⁴¹

GNATHOSTOMIASIS

It has been suggested that ivermectin should also be an effective treatment of gnathostomiasis.^{42,43} In one study, a single dose of 0.2 mg/kg of ivermectin gave a 95% cure rate in 21 Thai patients.⁴³ However, these reports lack any rate of follow up (no more than six months), and in endemic countries it may be difficult to distinguish relapses from reinfections. A small series (but of imported cases with prolonged period of follow up without possibility of reinfections) suggests that treatment with ivermectin is not as efficient in tourists returning from Southeast Asian countries as it is in Thai people.⁴⁴

PEDICULOSIS

Ivermectin has systemic activity against human body lice,⁴⁵ Head lice,⁴⁶⁻⁴⁸ and phthirus pubis.⁴⁹ Two 200-mcg/kg oral doses of ivermectin given a week apart has been shown to be effective in eradication of head lice.⁴⁶⁻⁴⁸ and phthiriasis palpebrarum.⁴⁹ All adult lice were eradicated within 2 days, while the nits remained attached to the eyelashes but then disappeared.⁴⁹ It has also been administered orally for pediculosis capitis in children older than 1 year.⁴⁸ A few studies have reported the efficacy of oral or topical formulations in the treatment of pediculosis. Dunne et al., found that a single oral dose of 100-200 mcg/kg ivermectin had a significant effect in reducing head lice infestation when compared with controls.⁵⁰ Glaziou et al. treated 26 patients with a single 200 mcg/kg oral dose of ivermectin. At day 14 after treatment, 20 responded to the treatment (77%), and 6 patients (23%) presented with a complete disappearance of eggs and all clinical symptoms. At day 28, some healed patients had signs of reinfestation. Therefore, the authors suggested giving a second dose at day 10.⁴⁶ Topical ivermectin has also been used with success. Youssef et al. reported that a single application of 0.8% ivermectin lotion was efficient to treat head lice in all 25 patients treated with clearance of parasites within 48 hours after application.⁵¹

SCABIES

Common scabies

Various comparative trials have been reported for the use of oral ivermectin in the treatment of ordinary scabies. Macotela-Ruiz et al. described a double blind trial which compared ivermectin 200 mcg/kg, single dose versus placebo. Of the 55 patients included, 26 of 29 (79%) were considered cured at the first visit at day 7 in the ivermectin group versus 4 over 26 (16%) in the placebo group.⁵² Glaziou et al. described an investigator-blinded trial involving 44 subjects, which compared a single oral dose of ivermectin 200mcg/kg with a topical treatment, benzyl benzoate 10%. At day 30, 16 of 22 (70%) in the ivermectin group versus 10 of 21 (48%) were cured, but the difference was not significant.⁵³ Chouela et al. compared lindane 1% solution versus 150-200 mcg/kg ivermectin in a randomized double blind study. Fifty-three patients were included, 43 completed the study. At day 15, 14 patients (74%) treated with ivermectin were healed versus 13 (54%) in the lindane group. At day 29, after a repeated treatment for patients not cured, 18 patients (95%) were healed in the ivermectin group versus 23 (96%) in the lindane group. Both treatments were considered of equivalence efficacy at day 29.⁵⁴ Ivermectin had better results than lindane lotion 1%.⁵⁵ Usha et al. reported an open randomized study comparing oral ivermectin 200 mcg/kg with 5% permethrin cream. By the first and second week respectively, 20 (50%) and 28 (70%) in the ivermectin group were cured versus 35 (84.5%) and 44 (97.8%) in the permethrin group. After a second dose, by the fourth week 38 (95%) of the patients in the ivermectin group were cured.⁵⁶ A trial compared oral ivermectin 200 mcg/kg single dose with topical

benzyl benzoate 10%. One hundred ten children aged 6 months to 14 years were treated, and there was no difference between the two treatments for efficacy at 3 weeks respectively and no serious side effects, but benzyl benzoate produced more skin irritation.⁵⁷ Only one report fails to show any efficacy of the drug.⁵⁰

Sule et al, compared benzyl benzoate 25% with oral ivermectin (200 mcg / kg). At the end of 2 weeks 77 of 98 (79%) subjects in ivermectin group were cured and 60 of 102 (59%) subjects were cured in benzyl benzoate group. The overall cure rate after 4 weeks was 95% in the ivermectin group and 86% in the benzyl benzoate group.⁵⁸ Bachewar et al. described a randomized comparative clinical trial involving 103 patients, which compared a single oral dose of ivermectin 200mcg / kg with topical benzyl benzoate 25% lotion and permethrin 5% cream. At the end of one week cure rate was observed as 76% in benzyl benzoate group, 82.14% in permethrin group and 55.56% in ivermectin group. At the end of second weeks cure rate was observed as 92% in benzyl benzoate group 96.43% in permethrin group and 100% in ivermectin group.⁵⁹ In Another study compared single application of benzyl benzoate, double application of benzyl benzoate and single dose of ivermectin 200mcg/kg. At the end of 2 weeks 54.4% of the patients were cured in single application of benzyl benzoate group, 68.8% of the patients were cured in double application of benzyl benzoate group and 24.6% of the patients were cured in ivermectin group. At the end of 4th week 76.5%, 95.8% and 43.1% of the patients were cured respectively in single application of benzyl benzoate, double application benzyl benzoate and ivermectin group.⁶⁰

The drug was also active in nodular scabies showing gradual improvement in a few reports.^{61,62} A transitory aggravation of pruritus is possible the first days after treatment and must not be considered as a treatment failure.^{56,63-65} A few open studies had reported efficacy of topical ivermectin. Yousseff et al., had used liquid form in a concentration of a 0.8% weight/ volume dilution for human ectoparasites (like *Sarcoptes scabiei* and *Pediculus humanus capitis*). Total 75 patients were included out of whom 50 had scabies and 25 had pediculosis. It was found that all the patients were cured clinically and parasitologically within 48 hours after a single application. As 50% of scabies patients had persistent itching, another application was given after 5 days to stop itching.⁵¹ Yerham et al., had used 1.87% ivermectin cream at weekly interval. Total 10 patients had been included in the study. They reported marked improvement in the condition of the patients within 2 or 3 days of the first treatment and clinical cure occurred after 2 or 3 days of second treatment.⁶⁶ Victoria et al., had used ivermectin 1% solution. Total 29 patients had been included in the study. It has been reported that all the patients were cured with the two applications at weekly interval.⁶⁷

Crusted scabies and immuno-compromised patients

Different schemes have been used in the treatment of crusted scabies: ivermectin alone (in a single dose or repeated doses), or in conjunction with keratolytic agents, or topical scabicide agents.^{64,68,69} In some cases a cure was achieved in crusted scabies that had been refractory to topical conventional scabicides.⁷⁰ The concomitant use of topical scabicides and keratolytics improves the ability of the drug to penetrate the crust and hyperkeratotic scale.^{68,71}

Huffam et al. observed a complete response in 8 out of 20 patients with Norwegian scabies treated with oral ivermectin 200mg/kg combined with topical permethrin 5%; however, recurrence or re-infestations occurred in half of them.⁷¹ In vitro studies showed that these relapses were not related to drug resistance.⁷²

Oral ivermectin is an effective and cost comparable alternative to topical agents in the treatment of scabies infection. It may be particularly useful in the treatment of severely crusted scabies lesions in immunocompromised patients or when topical therapy has failed. Oral dosing may be more convenient in institutional outbreaks and in the treatment of mentally impaired patients.⁷³

In HIV-infected patients for whom scabies is more difficult to treat, Meinking et al. reported therapeutic success in patients with common scabies.⁶⁹ Alberici et al. treated 60 cases of common or crusted scabies in 39 HIV-infected patients, and obtained an optimal rate of success with the combination of topical scabicide with oral ivermectin.⁷⁴

Institutions

Outbreaks of scabies in institutions have traditionally been difficult to eradicate. Ivermectin has shown great promise in the treatment of such revised cases. Marty et al. eradicated scabies in a geriatric nursing home by the generalized distribution of the drug to the staff members and residents.⁶³ Several other reports confirmed the ability of the oral formulation to eradicate scabies in different epidemic or endemic situations in nursing homes.^{14,15,16,75}

SUMMARY

Ivermectin is used for many disorders in dermatology. Systemic ivermectin administration offers several advantages over standard therapy of scabies, pediculosis, demodicidosis, larva migrans, myiasis, filariasis, and other parasitic infestations with cutaneous tropism. Still further studies are required to precisely define the optimal therapeutic uses for ivermectin in dermatology.

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