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High-throughput screening using multicellular tumor spheroids to reveal and exploit tumor-specific vulnerabilities

WOJCIECH SENKOWSKI



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Abstract

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High-throughput drug screening (HTS) in live cells is often a vital part of the preclinical anticancer drug discovery process. So far, two-dimensional (2D) monolayer cell cultures have been the most prevalent model in HTS endeavors. However, 2D cell cultures often fail to recapitulate the complex microenvironments of *in vivo* tumors. Monolayer cultures are highly proliferative and generally do not contain quiescent cells, thought to be one of the main reasons for the anticancer therapy failure in clinic. Thus, there is a need for *in vitro* cellular models that would increase predictive value of preclinical research results. The utilization of more complex three-dimensional (3D) cell cultures, such as multicellular tumor spheroids (MCTS), which contain both proliferating and quiescent cells, has therefore been proposed. However, difficult handling and high costs still pose significant hurdles for application of MCTS for HTS.

In this work, we aimed to develop novel assays to apply MCTS for HTS and drug evaluation. We also set out to identify cellular processes that could be targeted to selectively eradicate quiescent cancer cells. In Paper I, we developed a novel MCTS-based HTS assay and found that nutrient-deprived and hypoxic cancer cells are selectively vulnerable to treatment with inhibitors of mitochondrial oxidative phosphorylation (OXPHOS). We also identified nitazoxanide, an FDA-approved anthelmintic agent, to act as an OXPHOS inhibitor and to potentiate the effects of standard chemotherapy *in vivo*. Subsequently, in Paper II we applied the high-throughput gene-expression profiling method for MCTS-based drug screening. This led to discovery that quiescent cells up-regulate the mevalonate pathway upon OXPHOS inhibition and that the combination of OXPHOS inhibitors and mevalonate pathway inhibitors (statins) results in synergistic toxicity in this cell population. In Paper III, we developed a novel spheroid-based drug combination-screening platform and identified a set of molecules that synergize with nitazoxanide to eradicate quiescent cancer cells. Finally, in Paper IV, we applied our MCTS-based methods to evaluate the effects of phosphodiesterase (PDE) inhibitors in PDE3A-expressing cell lines.

In summary, this work illustrates how MCTS-based HTS yields potential to reveal and exploit previously unrecognized tumor-specific vulnerabilities. It also underscores the importance of cell culture conditions in preclinical drug discovery endeavors.

Keywords: spheroids, high-throughput screening, nitazoxanide, OXPHOS, gene expression profiling, statins, drug repositioning, 3D cell culture, quiescent cells

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*“My apologies to great questions for small answers.
Truth, please don't pay me much attention.
Dignity, please be magnanimous.
Bear with me, O mystery of existence, as I pluck the occasional thread
from your train.”*

Wisława Szymborska, “Under One Small Star” (17 – 20)
tr. Stanisław Barańczak and Clare Cavanagh

*To my parents and my brother
Dla moich rodziców oraz brata*

List of Papers

This thesis is based on the following papers, which are referred to in the text by their Roman numerals.

- I **Senkowski W**, Zhang X, Olofsson MH, Isacson R, Höglund U, Gustafsson MG, Nygren P, Linder S, Larsson R and Fryknäs M, Three-dimensional cell culture-based screening identifies the anthelmintic drug nitazoxanide as a candidate for treatment of colorectal cancer. *Molecular Cancer Therapeutics*, 14(6); 1504-16 (2015)
- II **Senkowski W**, Jarvius M, Rubin J, Lengqvist J, Gustafsson MG, Nygren P, Kultima K, Larsson R and Fryknäs M, Large-scale gene-expression screening in three-dimensional cell cultures identifies context-dependent drug responses. *Cell Chemical Biology*, 23(11); 1428-1438 (2016).
- III **Senkowski W**, Nazir M, Gustafsson MG, Nygren P, Larsson R and Fryknäs M, Drug combination screening in multicellular tumor spheroids identifies synthetic lethalties in quiescent cancer cells. *Manuscript* (2017)
- IV Nazir M, **Senkowski W**, Nyberg F, Blom K, Edqvist P, Andersson C, Gustafsson MG, Nygren P, Larsson R and Fryknäs M, Targeting tumor cells based on PDE3A expression, *Manuscript* (2017)

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Other papers, not included in the thesis

- I Kashif M, Andersson C, Hassan S, Karlsson H, **Senkowski W**, Fryknäs M, Nygren P, Larsson R and Gustafsson MG, In vitro discovery of promising anti-cancer combinations using iterative maximisation of a therapeutic index. *Scientific Reports* 5: 14118 (2015)
- II Fryknäs M, Zhang X, Bremberg U, **Senkowski W**, Olofsson MH, Brandt P, Persson I, D'Arcy P, Gullbo J, Nygren P, Kunz-Schughart L, Linder S and Larsson R, Iron chelators target both quiescent and proliferating cancer cells. *Scientific Reports* 6: 38343 (2016)
- III Blom K, **Senkowski W**, Jarvius M, Berglund M, Rubin J, Lenhammar L, Parrow V, Andersson C, Loskog A, Fryknäs M, Nygren P and Larsson R, The anticancer effect of mebendazole may be due to M1 monocyte/macrophage activation via ERK1/2 and TLR8-dependent inflammasome activation. *Immunopharmacology and Immunotoxicology*, in press (2017)

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Abbreviations

2D	Two-dimensional
3D	Three-dimensional
AML	Acute myeloid leukemia
ATP	Adenosine triphosphate
CCCP	Carbonyl cyanide m-chlorophenyl hydrazone
CCD	Charge-coupled device
DNA	Deoxyribonucleic acid
DMSO	Dimethyl sulfoxide
FCCP	Carbonyl cyanide-4-(trifluoromethoxy)phenylhydrazone
FDA	US Food and Drug Administration
	OR Fluorescein diacetate
FMCA	Fluorometric microculture cytotoxicity assay
GFP	Green fluorescent protein
HTS	High-throughput drug screening
IC50	Half maximal inhibitory concentration
MCTS	Multicellular tumor spheroid(s)
mRNA	Messenger RNA
OCR	Oxygen consumption rate
OXPPOS	Oxidative phosphorylation
P-MCTS	'Proliferative' spheroids
PCPTCs	Primary cultures of patient tumor cells
PDE	Phosphodiesterase
PDE3A	Phosphodiesterase 3A
RNA	Ribonucleic acid
SD	Standard deviation
SEM	Standard error of the mean
Q-MCTS	'Quiescent' spheroids

1. Introduction

1.1 Overview of current cancer treatment strategies

Cancer is a group of diseases that share a number of common traits. These traits are commonly called “hallmarks” – a term coming from the two most-cited publications in cancer research – “Hallmarks of Cancer” and “Hallmarks of Cancer: The Next Generation” by Hanahan and Weinberg [1, 2]. As listed by Hanahan and Weinberg, cancers can be characterized by perpetual and uncontrolled cellular proliferation (being a result of sustained pro-growth and insensitiveness to tumor suppressor signaling, evading senescence and cell death), deregulated cell metabolism, high genetic mutation rate, avoiding destruction by immune system while maintaining pro-inflammatory environment, generation of new blood vessels (angiogenesis) and invasion to distant tissues (metastasis). All these traits render cancers extremely variable and notoriously difficult to treat.

Despite the substantial progress that has been made in the fight against cancer, it still remains one of the leading causes of death worldwide, with 8.2 million of cancer-related deaths in 2012 [3]. The most common modality of cancer treatment is surgery (for solid tumors), often combined with chemo- and radiotherapy [4]. The latter both target processes involved in cellular growth and division. However, even though they have been successful to a large extent, they are not sufficient to eradicate cancer in many patients [4, 5]. Because they do not act selectively on cancer cells, but also affect healthy tissues, they yield serious side effects and dose-limiting toxicity. This is why in recent years a number of novel drugs that are commonly known as “targeted therapeutics” have emerged [5]. These molecules are designed to bind to and inhibit specific proteins, responsible for cancer growth. These therapies have also proven successful, but as of today, remain insufficient to fully cure many patients [4, 5]. Finally, another group of strategies to battle cancer have been designed to utilize patient’s immune system. These are called immunotherapies. Immunotherapeutic drugs can be antibodies or immune cells that specifically recognize cancer cells, thereby boosting immunological response, or abrogate immunosuppressive signals sent by cancer cells [6, 7]. Immunotherapies have in recent years largely improved clinical outcomes of cancer treatment[6-8]. However, even though the results have been

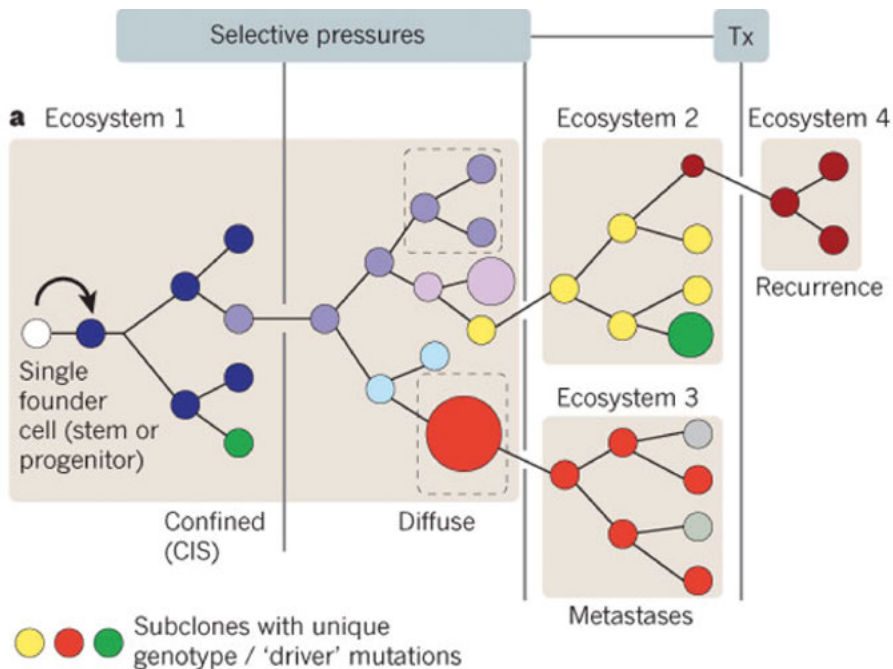


Figure 1.1 Schematic representation of cancer cell subtypes clonal evolution. Due to selective environmental pressures cancer cell clones undergo different changes on the genetic level. As a result, metastatic cancer is a heterogeneous population of various subclones, differently sensitive to therapy (Tx). From Greaves & Maley (2012) [9]; RightsLink license no.: 3871271396693.

promising, current immunotherapeutic agents are often not enough to successfully eradicate many types of cancer when used in mono- or combination therapy [4, 7, 10].

The main reason why many therapies fail is inherent or acquired drug resistance of cancer cells. This resistance stems from the fact that population of cancer cells within a single tumor or hematological malignancy is very heterogeneous [11, 12]. This heterogeneity is a result of a series of adaptations (caused by *de novo* genetic events and by selective pressures in local microenvironment) that different subpopulations of cancer cells undergo during early stages of cancer development [9, 12, 13]. In other words, one could say that the development of cancer is an evolutionary process. In the end, the quickly progressing disease consists not of a single subtype of cells that all carry the same set of genetic mutations, but rather multiple cell subsets that have undergone various molecular adaptations at genetic and, consequently, phenotypic level (Fig. 1.1) [9]. As a result, advanced tumors consist of rapidly dividing cancer cells, slow-dividing cells, but also non-proliferating quiescent cells (Fig. 1.2). These numerous adaptations render cancer cells differently sensitive to therapies [9, 12, 14]. Because most ther-

apies are targeted mainly at actively proliferating tumor cells (i.e. mechanisms targeted by standard chemo- and radiotherapies, such as replication of DNA) or at a single protein (aforementioned targeted therapies and immunotherapies), only some cancer cell subsets will respond while others will remain largely unaffected [9]. For this reason, in the recent years there has been an increased interest in using *in vitro* models that would capture the cancer heterogeneity already at the early stages of the anticancer drug development process [15-17].

1.2 In vitro cancer models for drug discovery

For the past few decades, monolayer cell cultures – i.e. cells growing on flat surfaces of laboratory vessels – have been used as the predominant cellular *in vitro* cancer model at the early stages of drug discovery and development. However, this type of cell culture does not reflect a complex *in vivo* micro-environment of cancer, solid tumors in particular [16]. As demonstrated in numerous reports, cellular response to treatment *in vitro* is often highly dependent on the culture conditions used [18-21]. Thus, drugs identified as potent and promising in monolayer-based investigation often fail in further preclinical (i.e. *in vivo* testing in mouse models) or clinical stages of drug development [22, 23]. This in turn is one of the major reasons for the widely recognized problem of high failure rate of novel drug candidate molecules. Due to this and other issues, nowadays the development of a new anticancer agent lasts on average over 10 years and consumes resources exceeding 1, or – according to most recent reports – even 1.5 billion US dollars [22, 24].

1.3 Drug discovery: high-throughput drug screening (HTS)

In the pharmaceutical industry setup, high-throughput drug screening (HTS) is often an early step of preclinical drug development. In HTS, thousands of chemicals are evaluated and compared simultaneously based on performance in predefined biological assay. HTS assays can be divided into two main subgroups: target- and phenotype-based. In target-based assays, one looks for molecules that specifically bind to and/or inhibit a known molecular target. These assays are often performed using only the target molecule, without involvement of living cells [25]. In contrast, phenotype-based assays always involve living cells. In these assays, one looks for molecules that induce a phenotype of interest (i.e. cell apoptosis, cellular vesicle formation, nuclear translocation of tagged protein etc.) instead of being focused on the specified primary molecular target [26, 27].

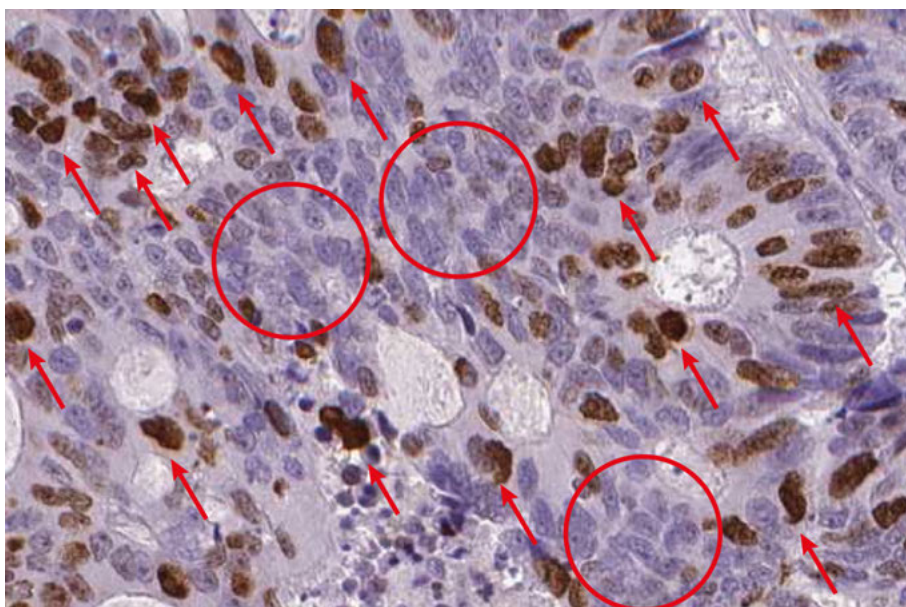


Figure 1.2 Tumor heterogeneity. This colorectal cancer section was stained for expression of Ki67 protein (marker of cellular proliferation). Positively stained (brown, red arrows) cells are actively proliferating while negatively stained (blue, red circles) are quiescent. Source: Human Protein Atlas (www.proteinatlas.org).

1.4 Drug repositioning

As mentioned above, the majority of candidate drugs identified in preclinical investigation fail at various stages of clinical trials, generating immense costs for the drug development industry and the society [23]. Thus, the concept of drug 'repositioning' (or 'repurposing') has been gaining a lot of attention in the recent years. Drug repositioning is utilizing known molecules with documented clinical use (e.g. approved drugs, but also those that were discontinued or withdrawn from the market) for new indications [28]. It is an attractive approach in drug development, because much of the safety and toxicity data of investigated compounds already exist. This can substantially reduce clinical trial-related costs and considerably shorten the time needed for the approval of the drug for a new indication [28]. Thus, multiple libraries containing thousands of compounds with clinical history have been generated, in order to incorporate the drug repurposing approach already at the HTS step of drug discovery.

1.5 Multicellular tumor spheroids for HTS

Monolayer cell cultures have been the predominant models in HTS. However, as described above, they do not mimic the complex conditions present in solid tumors *in vivo*. For instance, in monolayer cultures virtually all cells actively proliferate. In contrast, tumors *in vivo* comprise both proliferating and non-dividing (quiescent) cells (Fig. 1.2) – a result of chaotic vasculature within tumors and inequality in access to nutrients and oxygen [12]. The quiescent, non-proliferative cells persist in areas far from blood vessels, where glucose and oxygen are scarce [29]. Because they are non-dividing, they are often resistant to standard anti-proliferative therapy and are, at least partially, responsible for relapse of the disease [12, 29-31]. Moreover, due to their localization in deep tumor parenchyma, many drugs are not able to reach those cells [30]. For these reasons, 3D cell culture models, which comprise both proliferative and quiescent cells, have been suggested as more suitable for HTS [17, 32, 33]. The multicellular tumor spheroid (MCTS), a round-shaped microtissue consisting of tens of thousands cells, is one such model. In MCTS, one can observe gradients of glucose, lactate and oxygen, which result in genetic and phenotypic changes similar to those observed in *in vivo* tumors (Fig. 1.3) [15, 16, 32, 34-36]. Moreover, because of their tissue-like structure, MCTS facilitate the evaluation of penetrative properties of compounds under investigation [37]. MCTS have been used in cancer research since 1970's and until today there have been multiple spheroid formation methods developed [15, 19, 21, 38-42]. However, for HTS one would need to obtain thousands of identical spheroids of well-characterized phenotype and, preferably, in at least 384-well microplate format. Because of these reasons and the model complexity, utilization of MCTS for HTS has been limited for decades.

1.6 Targeting quiescent cancer cells

As demonstrated before by numerous research endeavors, compounds that are active against monolayer cell cultures often do not perform very well in spheroid-based assays [19, 21, 38]. Moreover, compounds identified in monolayer-based screens are different from those found in 3D-based investigation [19]. This suggests that 3D cell cultures are not only more resistant to treatment, but also that it is possible to find compounds preferentially toxic to cells in 3D environment. Thus, since 3D cell cultures comprise non-dividing, quiescent cells, their application for HTS could make it possible to identify drugs targeting these cell populations. This in turn could result in identification of novel drug combinations for the treatment of solid tumors.

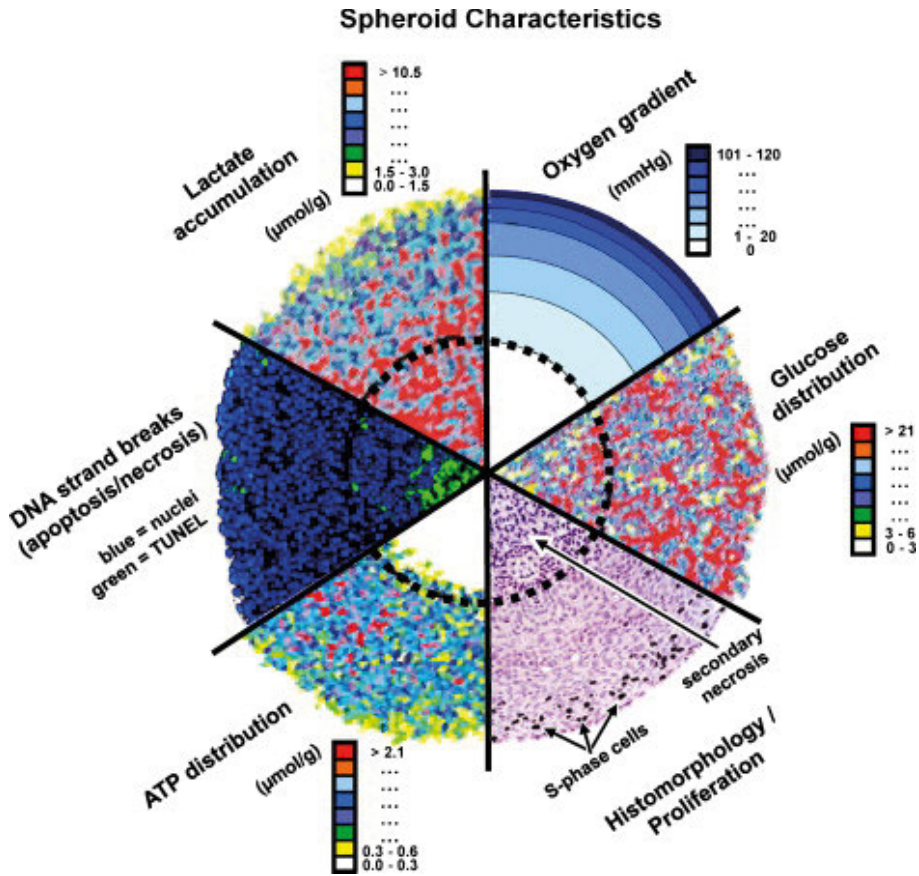


Figure 1.3 Schematic representation of various gradients within MCTS. Demonstrated are glucose and ATP distribution, oxygen pressure, lactate gradient, cellular proliferation (proliferating S-phase cells in the outer layers of the spheroid), internal hypoxia and DNA damage accumulation. From Hirschhaeuser et al. (2010) [32]; RightsLink license no.: 3871290933152.

2. Aims

1. To develop tools and assays that utilize MCTS for HTS (Paper I and II);
2. To apply these assays for MCTS-based evaluation of experimental molecules (Papers I – IV)
3. To identify compounds with preferential activity towards quiescent, nutrient- and oxygen-deprived cancer cells (Papers I – III);
4. To identify novel drug targets in these cell populations (Papers I – IV);
5. To find new candidate drug combinations for potential use in solid tumors (Papers I-III).

3. Methods

3.1 Drugs and libraries

For the spheroid-based screen in Paper I, we used the Pharmakon 1600 library, a collection of 1600 clinically relevant compounds (i.e. FDA-approved drugs for various indications or candidate compounds that have reached clinical trials stage). In Paper II, we chose a panel of 22 drugs, 10 of which were inhibitors of mitochondrial oxidative phosphorylation (OXPHOS). The remaining 12 were standard cytotoxic compounds, kinase inhibitors and spheroid-relevant compounds (some of the most interesting hits from the screen in Paper I). For the screen in Paper III, we used the Pharmacologically Active Compound Library, which contains 1650 molecules with previously reported biological activity (both approved drugs and experimental compounds). In Paper IV, we evaluated previously known inhibitors of phosphodiesterases (PDE) alongside standard chemotherapeutic agents.

3.2 Cell lines

In this work we have used a range of spheroid-forming cell lines, obtained from different vendors. Our initial spheroid-based screen of Pharmakon 1600 library (Paper I) was performed using HCT116 GFP, a colorectal cancer cell line constitutively expressing green fluorescent protein (GFP), indispensable for our spheroid viability assay (see further). The 2D-based counter-screen was performed with the version of the cell line without GFP expression. Follow-up experiments in Paper I involved HT-29 GFP cells, also a colorectal cancer cell line. In Paper II, besides HCT116 GFP and HT-29 GFP, we also used A549 GFP, a lung cancer cell line. In Paper III, we used HCT116 GFP and HT-29 GFP. In Paper IV, we used multiple cell lines, chosen for the experiments based on their expression levels of PDE3A. We also used primary cells from tumors of cancer patients. For more detailed information on the cell line origin and standard culture procedures, please see the individual papers.

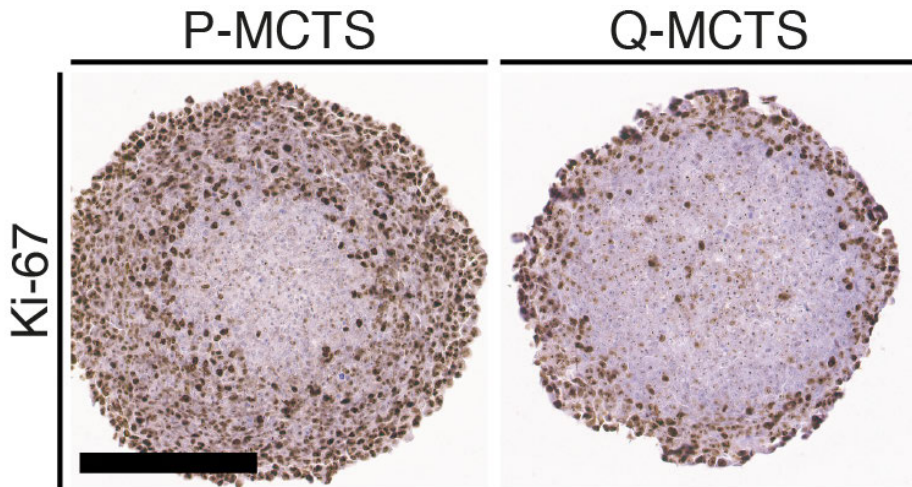


Figure 3.1 HCT116 GFP spheroids stained (see 3.4 Immunological staining) for Ki67 (marker of proliferation) expression. Phase-contrast microphotographs of P- (left) and Q-MCTS (right) 7 days after cell seeding. In P-MCTS a large number of positively stained (proliferating) cells can be observed. In contrast, most cells within Q-MCTS are quiescent. Scale bar, 200 μ m.

3.3 Cellular in vitro models

3.3.1 Monolayer

Cells that are grown in a single layer, in flat-bottom, cell culture-treated 384-well plates.

3.3.2 P-MCTS (‘proliferative spheroids’)

Most commonly used spheroid model. Cells are grown in 384-well Ultra-Low Attachment plates (U-bottom wells are covered with a layer of hydrogel that prevents cell attachment to the well bottom) as spheroids for 7 days before drug addition. The culturing medium is exchanged on days 4 and 7 of the culture, which results in maintaining high proliferation rates within spheroids (Fig. 3.1).

3.3.3 Q-MCTS (‘quiescent spheroids’)

Cells are grown as spheroids in 384-well Ultra-Low Attachment plates for 7 days before drug addition and without medium change. This results in low glucose concentration and pH of the culturing medium on day 7 of the cul-

ture, at values similar to those observed within deep *in vivo* tumor parenchyma [43, 44]. Cellular proliferation rate within Q-MCTS is low (Fig. 3.1).

3.4 Immunohistochemical staining

In order to visualize various phenotypic characteristics (i.e. the extent of cellular proliferation, hypoxia etc.) spheroids were preserved in formalin, embedded in paraffin, sectioned and stained using suitable antibodies (for details, see following papers). They were counter-stained with hematoxylin and eosin and photographed using a phase-contrast microscope with a CCD camera.

3.5 Drug tests and screening

All drugs were prepared as high-concentration stock solutions, using DMSO as solvent, unless specified otherwise. All drugs and libraries were added to experimental plates using Echo Liquid Handler 550 (Labcyte), an acoustic liquid dispenser, allowing precise and rapid liquid transfer (with precision to 2.5 nL). The final solvent concentration did not exceed 1% (mostly kept below 0.5%).

3.6 Cell proliferation and viability assays

3.6.1 Fluorometric microculture cytotoxicity assay (FMCA)

Used for measuring cellular proliferation based on a number of cells with intact cell membrane. This was the primary assay used for monolayer cell culture viability tests in Papers I and IV. In FMCA, fluorescein diacetate (FDA) is added to experimental wells, where cells with intact cell membrane perform enzymatic hydrolysis of FDA. Then, the fluorescence intensity of fluorescein is measured in each well using an automatic plate reader and cell number is determined based on the fluorescent intensity, as compared with untreated control [45].

3.6.2 Spheroid GFP fluorescence intensity assay

Primary spheroid viability assay used in Papers I – III. Spheroids formed from GFP-expressing cell lines are treated with experimental compounds and then the mean spheroid GFP fluorescence intensity is measured in each spheroid using an automated fluorescence microscope, ArrayScan VTI Reader

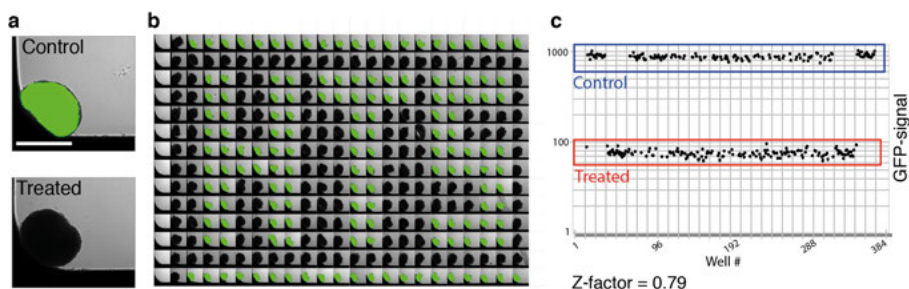


Figure 3.2 Overview of the GFP-based spheroid viability assay. (a) Fluorescence microphotographs of untreated (control; *top*) and drug-treated (*bottom*) spheroids. The treated spheroid has lost its GFP fluorescence. Both images were acquired using identical settings. (b) Composite image of the whole 384-well spheroid microplate containing both control and drug-treated spheroids. Image acquisition settings were identical in each well. (c) Mean spheroid GFP fluorescence intensity (quantified values) of each of the spheroids from the plate presented in (b). Z-factor of 0.79, calculated according to Zhang et al., indicates an excellent reproducibility of the assay and its full suitability for HTS applications [46].

(Cellomics Inc). As demonstrated before [21] and in Fig. 3.2, the assay is well-suited for the application in HTS.

3.6.3 TOX8 assay (resazurin-based)

Used as a secondary viability assay for spheroid-based HTS in Paper I. TOX8 assay measures metabolic activity of cells. In TOX8, resazurin solution is added to drug-treated spheroids. Metabolically active cells reduce resazurin to resorufin, which is strongly fluorescent (red). Then, fluorescence is measured using the automatic plate reader and spheroid viability is determined (compared with fluorescence of untreated control wells). The TOX8 and GFP-based assays show high degree of concordance (see Paper I). Importantly, the TOX8 assay makes it possible to evaluate compounds that are fluorescent in the GFP spectrum and interfere with the GFP-based readout.

3.6.4 Spheroid-based clonogenic assay

Used as a final viability assay in Papers I – III. Directly determines the potential of cells from spheroids to resume growth. Following drug treatment, spheroids are dispersed into single-cell suspensions. Then, cells are seeded in the fresh medium into 6-well culture-treated plates and left for re-growth for 10 days. Subsequently, colonies are fixed and stained using Giemsa dye. The treatment effects can be determined by comparing the number of colonies formed by treated cells with untreated controls. For schematic representation of the protocol, see Figure 3.3.

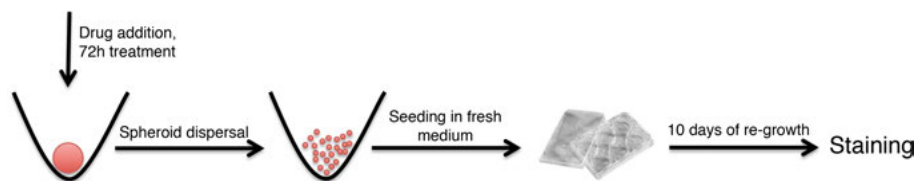


Figure 3.3 Schematic representation of the spheroid-based clonogenic assay protocol

3.6.5 CellTiter-Glo 3D

Used as a viability assay for spheroid experiments in Paper IV. CellTiter-Glo 3D determines number of viable cells based on the total amount of ATP present in the culture. In CellTiter-Glo 3D, which is a version of the assay designed to use in 3D cell cultures, drug-treated spheroids are first disrupted and then cells are lysed using CellTiter-Glo 3D solution. Subsequently, luminescence intensity, proportional to ATP concentration, is measured in each well using microplate reader. The percentage of metabolically active ('viable') cells is calculated based on the luminescence measurement, compared with untreated control.

3.7 Mitochondrial activity measurements

The following methods were used in Paper I to assess the effects of the HTS hit compounds on mitochondria:

3.7.1 Oxygen consumption rate (OCR) measurements

Oxygen consumption rate (OCR) is the speed at which cells utilize oxygen from the environment. It is used to indicate the respiratory activity of cells and the state of mitochondrial electron transport chain and inner mitochondrial membrane potential.

3.7.2 JC-1 staining

JC-1 is a fluorescent dye used for detection of the inner mitochondrial membrane polarization state [47]. JC-1 is present in the cytoplasm in its monomeric form, in which it yields weak green fluorescence. On the contrary, cationic JC-1 aggregates accumulate in polarized mitochondria to yield strong red fluorescence of intensity proportional to the degree of the inner mitochondrial membrane polarization. In this way, one can distinguish cells with polarized, hyperpolarized or depolarized mitochondria (Fig. 3.4).

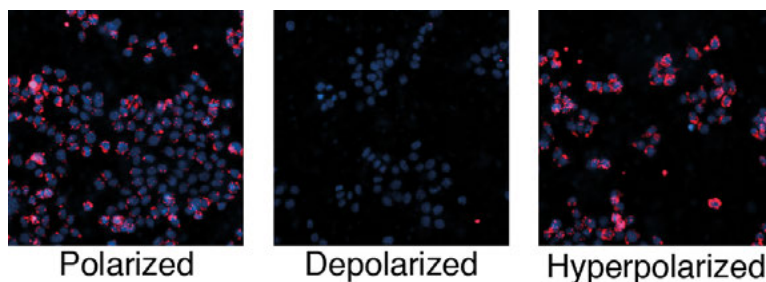


Figure 3.4 JC-1 staining. Fluorescent microphotographs of HCT-116 cells stained with Hoechst 33342 (nuclei) and JC-1 (polarized mitochondria). *Left*, untreated cells; *middle*, cells treated with an uncoupler of mitochondrial membrane potential, CCCP; *right*, cells treated with salinomycin. All images were acquired using identical settings.

3.7.3 Staining for pimonidazole adducts in MCTS

Immunological staining (see above) used for visualization of hypoxic areas within spheroids. Upon drug exposure, spheroids are treated with pimonidazole, which irreversibly binds to thiol-containing ($-SH$ groups) proteins under low oxygen pressure (below 10 mm Hg) [48]. After brief exposure to pimonidazole, spheroid sections are stained for pimonidazole adducts using suitable antibodies. The size of positively stained areas can be compared between sections of different spheroids to evaluate drug effects on mitochondrial activity in three-dimensional culture conditions (see Fig. 4.3h)

3.8 In vivo experiments

In Paper I, female NMRI nu/nu mice (*'nude'* mice) were used. These mice carry a double deletion in *Foxn1* gene, which results in the absence of thymus, low number of T cells and dysfunctional immune system [49-51]. This renders *nude* mice unable to reject implanted cancer cells. In the experiments, mice were xenografted with HCT116 GFP cells. When tumors formed, mice were assigned into treatment groups (for details, see Paper I). The treatment effects were evaluated based on measurements of tumor volumes, weights (posthumous), GFP fluorescence intensity and animal body weight. The experiments were performed with approval from the ethical committee Stockholm North (N447/12).

3.9 L1000 Gene Expression Profiling

In Paper II, we used the L1000 Gene Expression Profiling. In this method, each gene-expression profile is obtained from a single microplate well,

which allows performing gene expression-based HTS. After drug treatment, cells are lysed without prior transfer to a separate vessel. Then, they are frozen in -70°C and gene expression profiling is performed at Genometry facility in Cambridge, MA, USA. Briefly, the expression of 978 predefined and carefully selected transcripts is measured directly. Subsequently, the expression of the remaining ~ 21000 genes is inferred using an algorithm trained on thousands of historical datasets [52, 53].

3.10 Drug combinations and therapeutic synergy in MCTS

In Papers II and III, we evaluated combinations of different drugs in MCTS (for details, see Paper II). Briefly, drugs were added into 384-well spheroid plates in quadruplicates of 6×9 concentration matrix (Paper II; six 2-fold dilutions of one drug vertically and nine 2-fold dilutions of the other horizontally) or in 3×3 and 3×4 matrix (Paper III). Then, the spheroid viability was assessed using GFP-based assay (see above). To characterize the type of interaction between two different drugs, we used the Bliss Independence model [54]. According to the model, one can predict the cell toxicity caused by a combination when drugs act independently using following formula:

$$T_p = T_A + T_B - T_A T_B$$

Where: T_p – predicted toxicity; T_A – toxicity of drug A used alone; T_B – toxicity of drug B used alone.

Based on predicted toxicity, we can characterize the interaction between drugs A and B using observed toxicity (T_o), as follows:

$$T_o > T_p - \textit{synergistic}$$

$$T_o = T_p - \textit{independent}$$

$$T_o < T_p - \textit{antagonistic}$$

4. Summary of the papers

4.1 Paper I

Three-Dimensional Cell Culture-Based Screening Identifies the Anthelmintic Drug Nitazoxanide as a Candidate for Treatment of Colorectal Cancer

Wojciech Senkowski, Xiaonan Zhang, Maria Hägg Olofsson, Ruben Isacson, Urban Höglund, Mats Gustafsson, Peter Nygren, Stig Linder, Rolf Larsson and Mårten Fryknäs

Molecular Cancer Therapeutics; 14(6); 1504-16; 2015

4.1.1 Background and purpose

In this paper, we aimed to perform screening of the Pharmakon 1600 library in order to identify compounds selectively toxic to quiescent cancer cells. We used HCT116 GFP Q-MCTS (quiescent spheroids formed without medium change over the culture period) as our *in vitro* model. We reasoned that screening an annotated compound library, which consists of compounds with reported clinical use, could result in identification of molecules that would be suitable for drug repositioning.

4.1.2 Compounds selectively toxic to Q-MCTS inhibit mitochondrial oxidative phosphorylation

We performed screening of the Pharmakon 1600 library using GFP-based and TOX8 assays as readouts (For the screen overview, see Fig. 4.1). After hit validation, 41 Q-MCTS-active compounds were identified. Subsequently, we performed extensive dose-response experiments in monolayer cultures and Q-MCTS to identify compounds selectively toxic to spheroids. These experiments resulted in the identification of 12 “3D-selective” compounds. However, one needs to remember they were identified based on GFP-based viability assay, which does not directly indicate cellular death. Therefore, to identify molecules that are truly “3D-selective”, we tested the 12 compounds at their 2D-based IC₅₀ concentrations (i.e. concentrations that caused 50% growth inhibition in monolayer cultures) in spheroid-based clonogenic assay. This experiment identified five molecules – nitazoxanide, niclosamide, closantel, pyrvinium pamoate and salinomycin – that fully abrogated re-growth of cells from dispersed spheroids (Fig. 4.2).

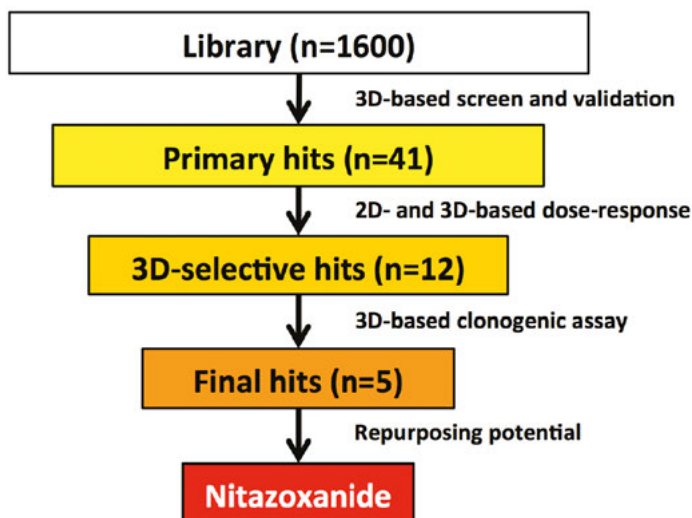


Figure 4.1 Overview of the screen

A literature search suggested that all five molecules target mitochondrial respiration, also known as oxidative phosphorylation (OXPHOS) – a process, in which most of cell’s ATP is produced. However, they inhibited OXPHOS through different mechanisms. Nitazoxanide, niclosamide and closantel were found to be uncouplers of mitochondrial membrane potential. Uncouplers are able to freely transfer protons across the mitochondrial membrane, equalizing the proton concentrations across the membrane, thereby causing an inability of the mitochondrion to utilize the proton gradient to synthesize ATP through OXPHOS. The effects of the three uncouplers on OCR and sizes of hypoxic regions within spheroids closely resembled those of the standard uncoupler FCCP (Fig. 4.3a–d, h). Moreover, they induced depolarization of the mitochondria in JC-1 assay (Fig. 4.3g). In fact, all three compounds were found to share an identical structural pharmacophore. The other two compounds, pyrvinium pamoate and salinomycin, were found to inhibit OXPHOS through different mechanisms (Fig. 4.3e-h).

4.1.3 Nitazoxanide is a suitable candidate for drug repositioning

Our experiments revealed that OXPHOS inhibitors are toxic to cells within spheroids exclusively upon prolonged and continuous exposure (see Paper I, Figure 4). Thus, we speculated that successful clinical application would rely on the high plasma concentration of the drug for a sustained period of time. Of the five final hit compounds, three – nitazoxanide, niclosamide and pyrvinium pamoate – are approved for use in humans. Of these, only

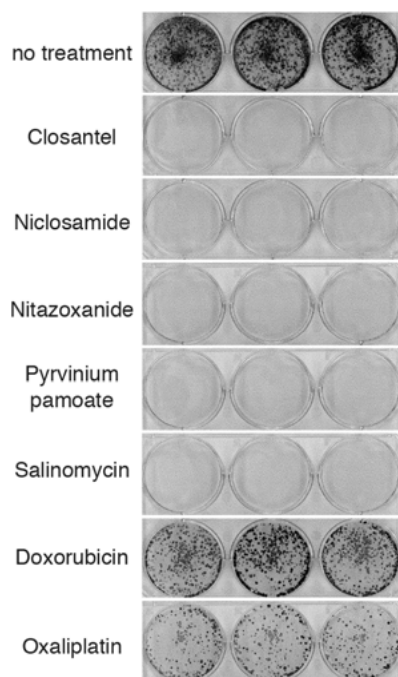


Figure 4.2 Clonogenic assay results. Clonogenicity of cells from dispersed HCT116 spheroids exposed to 3D-selective hits or standard cytotoxic drugs at the 2D-based IC50 concentrations.

nitazoxanide reaches high plasma concentrations, persisting for up to a few hours after a single oral dose [55, 56]. Thus, we have chosen nitazoxanide as a molecule with the highest drug repositioning potential.

4.1.4 Nitazoxanide potentiates the therapeutic effect of a standard chemotherapeutic agent *in vivo*.

As described in the introduction, solid tumors consist of both proliferating and quiescent cells. However, nitazoxanide was identified to be selectively toxic to quiescent spheroids (i.e. killing Q-MCTS at concentrations at which it is not harmful to monolayer cells, see Fig. 4.4a). Therefore, we reasoned that successful treatment of solid tumors would rely on combination of nitazoxanide and an agent that targets proliferating cells. Consequently, we tested a combination of nitazoxanide with the standard chemotherapeutic agent irinotecan (topoisomerase I inhibitor commonly used in colorectal cancer therapy) in a mouse xenograft model. We found that nitazoxanide potentiated the effect of irinotecan *in vivo* (Fig. 4.4b).

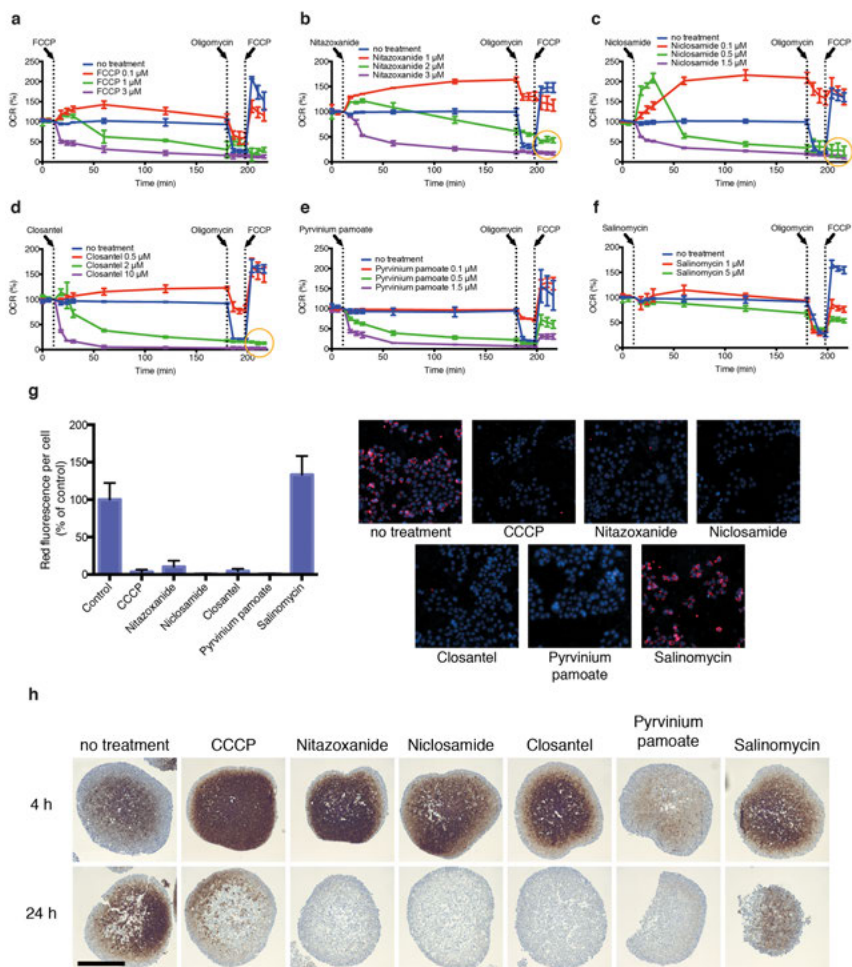


Figure 4.3 Characterization of effects of 3D-selective hit compounds on mitochondrial respiration. (a-f), effects of FCCP (a), nitazoxanide (b), niclosamide (c), closantel (d), pyrvinium pamoate (e), and salinomycin (f) at various concentrations on OCR in 70,000 HCT116 cells, as measured by Seahorse XF analyzer. Loss of stimulation of OCR by addition of FCCP after uncoupler-induced mitochondrial respiration shutdown is highlighted with orange circles (b-d). Final hit compounds, oligomycin or FCCP, were added as indicated with dotted lines. Results are shown as mean \pm SD; (n \geq 3). (g) *Left*, effects of the final hit compounds at their 2D-based IC₅₀ concentrations and CCCP (2.5 μ mol/L) on mitochondrial membrane potential in HCT116 cells (2,500/well). Results in the graph are shown as means of JC-1 red fluorescence per cell + SD; (n \geq 7). *Right*, fluorescence composite pictures of treated HCT116 cells. Cell nuclei were stained with Hoechst 33342 and polarized mitochondria were stained with JC-1 probe. All pictures were acquired using identical settings. Magnification used was x20. (h) Effects of the final hit compounds or CCCP on hypoxia within HCT116 GFP Q-MCTS. Spheroids were treated with CCCP (2.5 μ mol/L), nitazoxanide (3 μ mol/L), niclosamide (1 μ mol/L), closantel (15 μ mol/L), pyrvinium pamoate (1 μ mol/L), or salinomycin (2 μ mol/L) for 4 or 24 hours. Subsequently, spheroids were treated with pimonidazole, sectioned, and hypoxia was visualized by staining for pimonidazole adducts. Scale bar, 250 μ m.

4.1.5 Conclusions

In summary, we found that OXPHOS is a promising target in quiescent cancer cells that persist in microenvironments where glucose and oxygen are scarce. This finding was in agreement with previous and subsequent reports that identified OXPHOS as a target for cancer therapy [57-64]. Moreover, we found that the anthelmintic agent nitazoxanide is selectively toxic to quiescent spheroids and that this toxicity is a result of uncoupling of mitochondrial membrane potential, thereby inhibiting OXPHOS. But further, we propose that nitazoxanide, with its favorable clinical pharmacokinetic profile and virtually no side effects [55, 56, 65], may be a suitable candidate for drug repositioning against colorectal cancer.

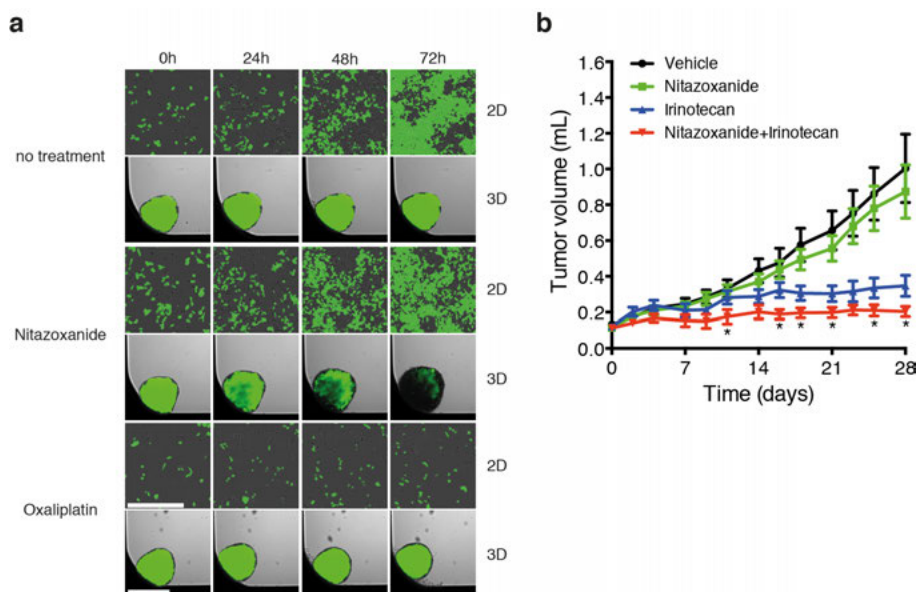


Figure 4.4 Rationale for using nitazoxanide in combination with a standard cytotoxic agent. (a) Comparison of drug effects on HCT116 GFP cells in 2D and 3D cultures. Concentrations used: nitazoxanide 10 μ M, oxaliplatin 15 μ M. Pictures were acquired using ArrayScan VTI (3D, identical settings for all pictures) or In-cuCyte FLR (2D, identical settings for all pictures) for the same well in each treatment group. Pictures are composite images of fluorescence and brightfield (3D)/phase-contrast (2D) channels. Scale bars, 500 μ m. (b) *In vivo* effects of treatment with nitazoxanide (gavage, 100 mg/kg, twice daily), irinotecan (i.v., 40 mg/kg, once weekly) or combination of both drugs on changes in tumor volume. Results are shown as means \pm SEM; (n = 8-10; *p < 0.05 vs. Irinotecan, t-test).

4.2 Paper II

Large-Scale Gene Expression Profiling Platform for Identification of Context-Dependent Drug Responses in Multicellular Tumor Spheroids

Wojciech Senkowski, Malin Jarvius, Jenny Rubin, Johan Lengqvist, Mats Gustafsson, Peter Nygren, Kim Kultima, Rolf Larsson and Mårten Fryknäs
Cell Chemical Biology, 23(11); 1428-1438 (2016)

4.2.1 Background and purpose

In the Paper II, we aimed to apply for the first time a high-throughput gene-expression profiling method to study effects of chemical perturbations in MCTS. As demonstrated in the Paper I, distinct cell culture models (i.e. monolayer cultures and Q-MCTS) from the same cell line are differentially sensitive to the same treatments. Thus, we speculated that it would likely be possible to observe early model-specific drug responses on the gene-expression level. In particular, we were interested in identifying processes that quiescent cells use to protect themselves from effects of OXPPOS inhibitors. We hoped that we could identify targets, inhibition of which would result in synergistic anticancer activity with OXPPOS inhibitors in quiescent cells.

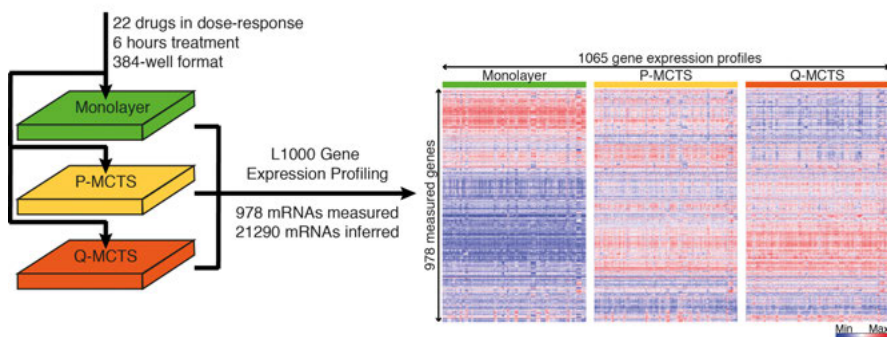


Figure 4.5 Schematic representation of experimental design. Three distinct models (monolayer, P-MCTS and Q-MCTS) were treated with 22 drugs in dose-response for 6 hours. Subsequently, global gene-expression profiles were obtained using L1000 Gene Expression Profiling. Experiments were replicated 4 times (cells from 4 independent passages), resulting in 1065 independent model/compound profiles (*Right*, Gene-expression profiles (978 directly measured genes) of cells in 3 distinct models. Presented are all 1065 expression profiles. Data were hierarchically clustered vertically (one minus Pearson correlation distance metric).

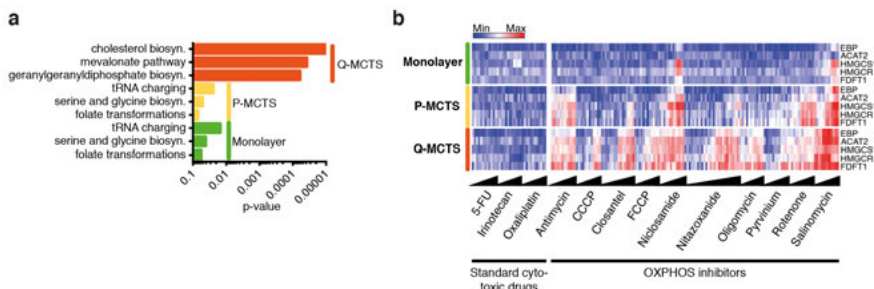


Figure 4.6 Up-regulation of mevalonate pathway genes in Q-MCTS treated with OXPPOS inhibitors. (a) Results of the analysis of HumanCyc [66] pathway database. For each model, gene sets consisting of top 30 up-regulated genes (selected from landmarks (measured) gene space) by treatment with OXPPOS inhibitors were generated. Then, they were analyzed for enrichment in genes belonging to specific metabolic pathways. (b) Vehicle (DMSO)-normalized expression of 5 genes from mevalonate pathway in 3 distinct models treated with escalating doses of OXPPOS inhibitors or standard cytotoxic drugs. Results come from 4 independent experiments (each dose is replicated 4 times).

4.2.2 Application of L1000 Gene Expression profiling to study 3D cell cultures at a large scale

For the experiments, we used 3 distinct cellular models: monolayer cell cultures, P-MCTS (‘proliferative spheroids’, formed with medium exchange during the culture period) and Q-MCTS (‘quiescent spheroids’, formed without medium change). All experiments were performed in biological quadruplicates, in 384-well microplates. We have exposed the three models to a panel of 22 drugs. Ten of the 22 were OXPPOS inhibitors (five final hit compounds from Paper I and five well-characterized reference compounds). The remaining 12 included standard cytotoxic drugs, kinase inhibitors and spheroid-relevant compounds (identified as potent hits in the screen from Paper I, albeit without reported activity on mitochondrial respiration). All drugs were used in dose-response setup with at least 3 different concentrations for each drug (for details, see Paper II). After 6-hour incubation with the compounds, cells were lysed (lysis protocol differed between models, since we have developed a new protocol suitable for 3D cell cultures – for details, see Paper II), supernatants frozen and shipped to Genometry. Gene expression profiling and all necessary quality checks were performed at Genometry’s facility in Cambridge, MA, USA. For the overview of the experimental setup, see Fig. 4.5.

4.2.3 The dataset

The experiments resulted in the generation of a dataset consisting of 1065 gene-expression profiles (Fig. 4.5). The analysis revealed profound transcriptional differences between the three models. Furthermore, to validate the dataset, we challenged various treatment responses against a reference compound signature database (LINCS; <http://www.lincscloud.org/>). All of the treatment-induced signatures we tested (both monolayer- and spheroid-based) linked correctly to their respective perturbagens in LINCS. This confirms the reproducibility and quality of the dataset.

4.2.4 Up-regulation of mevalonate-pathway genes upon OXPPOS inhibition in Q-MCTS

In order to identify model-specific responses to OXPPOS inhibitors, we performed a pathway database analysis. Briefly, we identified 30 genes that were most up-regulated upon exposure to OXPPOS inhibitors in each of the models (monolayer, P-MCTS and Q-MCTS). Then, we checked if any of these three gene sets was enriched in genes belonging to a specific metabolic pathway. The analysis revealed that OXPPOS inhibition resulted in strong up-regulation of the mevalonate-pathway genes in Q-MCTS, but not in P-MCTS or monolayer cultures (Fig. 4.6).

4.2.5 Synergistic activity of OXPPOS inhibitors and statins in Q-MCTS

The above observations indicate that the mevalonate pathway up-regulation could serve as a protective response in quiescent, metabolically stressed cells upon OXPPOS inhibition. Therefore, we were interested to see if the simultaneous inhibition of OXPPOS and the mevalonate pathway could result in synthetic lethality. Thus, we have performed combination treatment experiments using OXPPOS inhibitors and statins, inhibitors of mevalonate synthesis (and widely-used cholesterol-lowering drugs). We found that OXPPOS inhibitors and statins are synergistically toxic to Q-MCTS (exemplified by nitazoxanide – Fig. 4.7a; and salinomycin – Fig 4.7d). These results were confirmed using spheroids from other cell lines (A549 GFP, Fig. 4.7b; HT-29 GFP, Fig. 4.7c) and also in clonogenic assay (Fig. 4.7e).

4.2.6 Conclusions

In summary, we applied for the first time a high-throughput gene-expression profiling method to study drug treatment effects in complex 3D cultures.

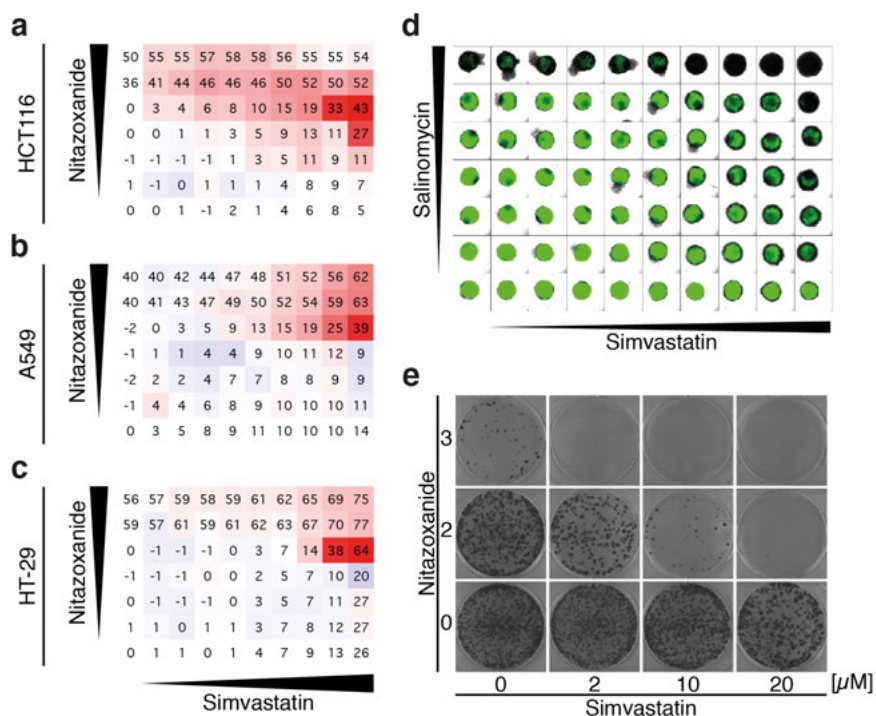


Figure 4.7 Therapeutic synergy of simvastatin and nitazoxanide. Combination treatment of HCT116 (a) A549 (b) or HT-29 (c) Q-MCTS with simvastatin and nitazoxanide. The values are the average percent inhibition of mean spheroid GFP intensity (i.e. percent toxicity). To visualize synergy, we applied a coloring scheme in which red squares indicate synergistic interaction and blue indicate antagonistic interaction. Q-MCTS were treated for 72 hrs, prior to viability measurements. Concentrations used (2-fold dilutions): nitazoxanide 0.2 – 6.4 μM (HCT116) or 1 – 32 μM (A549 and HT-29) simvastatin 0.125 – 32 μM (all); n=4. Results are representative of at least 3 independent experiments. (d) Bright-field/fluorescent (composite) microphotograph of a single combination experiment replicate in HCT116 Q-MCTS. Concentrations used (2-fold dilutions): salinomycin 0.1 – 3.2 μM ; simvastatin 0.125 – 32 μM . Image acquisition settings were identical in each well. (e) Clonogenicity of cells from dispersed HCT116 Q-MCTS after 72-hr exposure to nitazoxanide and/or simvastatin at indicated concentrations. Results are representative of nine replicates in three independent experiments.

With this approach, we identified unique model-specific drug responses. In particular, we found that cells within Q-MCTS up-regulate the mevalonate pathway genes upon inhibition of OXPHOS. Moreover, we found that OXPHOS inhibitors synergize with statins to eradicate cells in Q-MCTS. We believe that the described method could find a broad range of applications at different stages of drug development. Moreover, the identified drug combination could have potential therapeutic implications for targeting quiescent cancer cells in *in vivo* solid tumors.

4.3 Paper III

Drug combination screening in multicellular tumor spheroids identifies synthetic lethalties in quiescent cancer cells.

Wojciech Senkowski, Madiha Nazir, Mats Gustafsson, Peter Nygren, Rolf Larsson and Mårten Fryknäs

Manuscript (2017)

4.3.1 Background and purpose

As demonstrated in Paper I, successful eradication of quiescent cancer cells from Q-MCTS is dependent on prolonged and continuous exposure to nitazoxanide or other OXPHOS inhibitors (for details, see section 4.1.3 and Paper I, Figure 4). This could pose a substantial obstacle in future preclinical and clinical investigations concerning repurposing of nitazoxanide. Thus, it might be beneficial to identify molecules that increase anticancer activity of nitazoxanide in quiescent cancer cells. In order to do that, in Paper III we performed a drug combination screening in Q-MCTS of the library consisting of 1,650 pharmacologically active compounds.

4.3.2 Drug combination screening in Q-MCTS

For the screen, we used Q-MCTS formed from HCT116 cells. We performed two separate screens in parallel (Fig. 4.8a). In the first one, library drugs were applied in combination with nitazoxanide. In the other (i.e. ‘counter-screen’), Q-MCTS were exposed to the library drugs without nitazoxanide addition. We used the GFP-based measurement of spheroid viability (see section 3.6.2 and Paper I for details). For each library compound we calculated a ratio of the combination-treated spheroid viability to the viability of the spheroid treated with the compound alone. Subsequently, for further investigation, we selected 64 compounds that caused a pronounced potentiation of nitazoxanide’s efficacy (Fig. 4.8b). In order to focus on the most potent hits, we then tested these 64 compounds at a range of concentrations in combination with nitazoxanide (also used at different concentrations). This experiment resulted in the selection of 14 molecules that demonstrated the most pronounced synergistic activity (according to Bliss Independence model) when combined with nitazoxanide (Fig. 4.8c).

4.3.3 Identification of drug combinations targeting Q-MCTS

Next, we aimed to focus on compounds that demonstrate general activity against nutrient-deprived and hypoxic quiescent cells (Q-MCTS) rather than

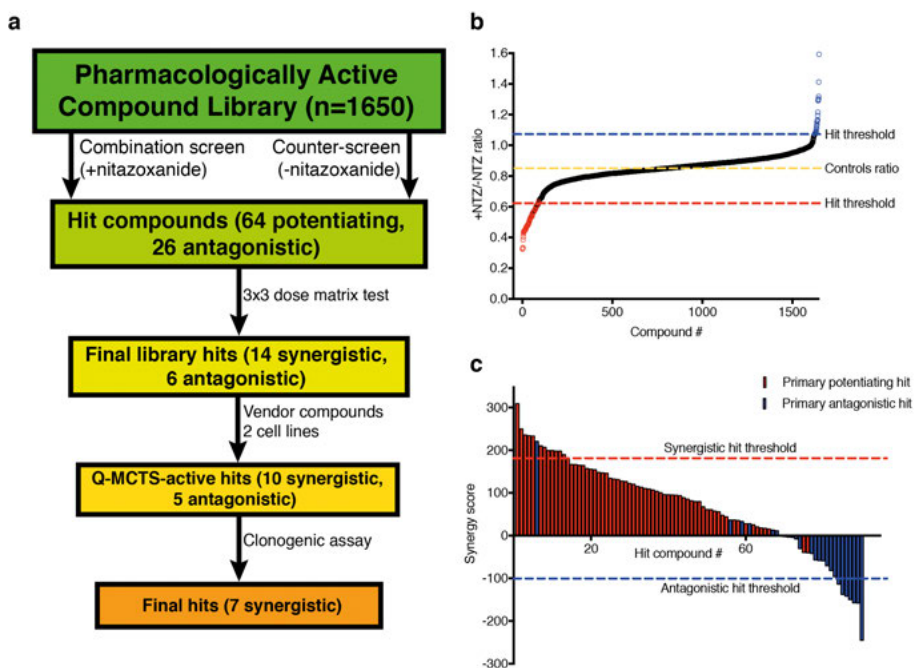


Figure 4.8 Screen overview. (a) Schematic representation of the combinational screen design and selection criteria. (b) Ratios of combination-treated spheroid viability to the viability of spheroid exposed to compound alone (+NTZ/-NTZ ratio), calculated for each library compound and ordered from the lowest to the highest. Dashed lines indicate ‘primary potentiating hit’ (red) or ‘primary antagonistic hit’ (blue) thresholds. (c) A plot representing primary potentiating (red) or antagonistic (blue) hits ordered by synergy score from highest to lowest. Synergy scores for each compound are sums of excess over Bliss Independence values (see section 3.10) calculated for each concentration combination in 3x3 concentration matrix. Dashed lines indicate ‘synergistic hit’ (red) or ‘antagonistic hit’ (blue) thresholds.

a single cell line. Thus, we performed subsequent combination experiments using spheroids formed with an additional colorectal cancer cell line, HT-29. These experiments resulted in the selection of 10 molecules, toxic to Q-MCTS when combined with nitazoxanide in both cell lines (HCT116 and HT-29). Subsequently, in order to identify molecules with most pronounced synergistic activity in combination with nitazoxanide, we performed spheroid-based clonogenic assay. These experiments revealed seven molecules that fully abrogated the colony formation capacity of cells from Q-MCTS of both cell lines (Fig. 4.9). Notably, all of the seven molecules turned out to possess different primary molecular targets.

4.3.4 Conclusions

In Paper III we applied MCTS for high-throughput screening of drug combinations. Using this approach, we were able to identify novel, previously un-

recognized drug interactions. The final seven hit compounds demonstrated pronounced synergistic activity when combined with nitazoxanide to eradicate nutrient-deprived and hypoxic quiescent cancer cells in spheroids from two different cell lines. Moreover, all final hit compounds target different cellular mechanisms. In conclusion, this work provides a rationale for performing combinatorial drug screening using 3D cell cultures.

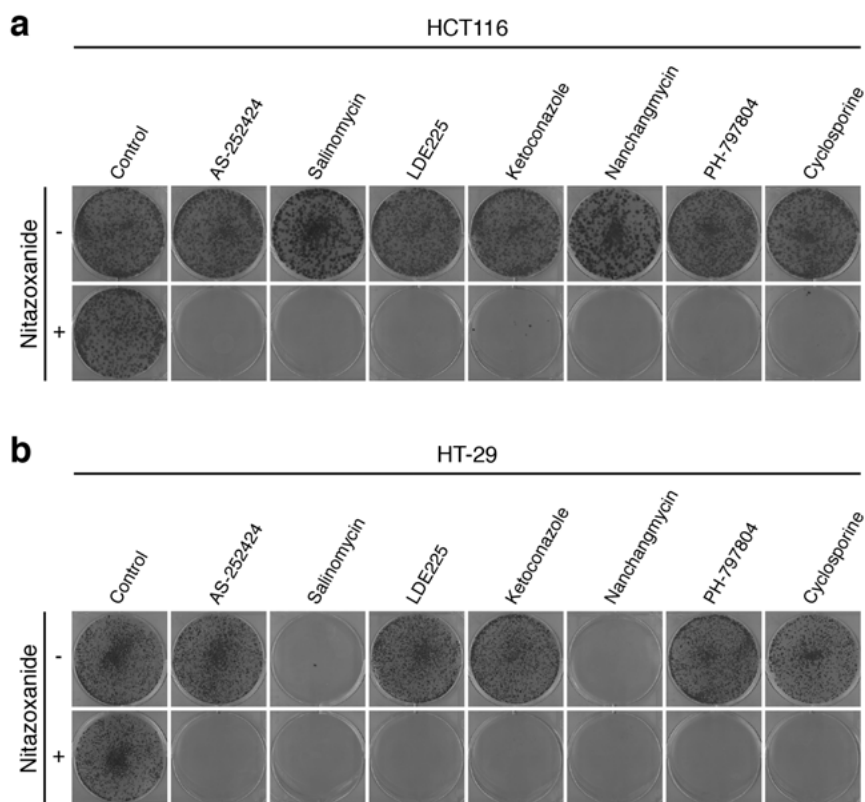


Figure 4.9 Final hit compounds (a) Clonogenicity of cells from dispersed HCT116 Q-MCTS after 72-hr exposure to 1.5- μ M nitazoxanide and/or 2- μ M AS-252424, 0.5- μ M salinomycin, 2- μ M LDE225, 4- μ M ketoconazole, 0.5- μ M nanchangmycin, 4- μ M PH-797804 or 4- μ M cyclosporine. Results are representative of six replicates in two independent experiments. **(b)** Clonogenicity of cells from dispersed HT-29 Q-MCTS after 72-hr exposure to 8- μ M nitazoxanide and/or 2- μ M AS-252424, 1.5- μ M salinomycin, 10- μ M LDE225, 10- μ M ketoconazole, 1.5- μ M nanchangmycin, 5- μ M PH-797804 or 5- μ M cyclosporine. Results are representative of six replicates in two independent experiments.

4.4 Paper IV

Targeting tumor cells based on PDE3A expression

Madiha Nazir, **Wojciech Senkowski**, Frida Nyberg, Kristin Blom, Per-Henrik Edqvist, Claes Andersson, Mats Gustafsson, Peter Nygren, Rolf Larsson and Mårten Fryknäs

Manuscript (2017)

4.4.1 Background and purpose

Paper IV builds upon a previous report from our research group, in which phenotypic drug screening using a panel of cancer cell lines revealed that cervical cancer cell line HeLa is selectively vulnerable to inhibitors of phosphodiesterase (PDE) enzymes [67]. This sensitivity was correlated with overexpression of phosphodiesterase 3A (PDE3A) mRNA in HeLa cells. Recently, it was also demonstrated that other cell lines overexpressing PDE3A mRNA are selectively sensitive to PDE inhibition [68]. Therefore, in Paper IV we aimed to evaluate, using more relevant cellular models, the applicability of PDE3A expression as a potential predictive biomarker of sensitivity to PDE inhibitors.

4.4.2 PDE3A overexpression predicts sensitivity to PDE inhibition

First, we confirmed that the PDE3A mRNA overexpression is correlated with sensitivity to treatment with PDE inhibitors, zardaverine and quazinsonone, but not with a standard cytotoxic drug oxaliplatin in a panel of cell lines (Fig. 4.10a-d). Subsequently, we were interested to see whether the PDE3A mRNA overexpression in cell lines could also be observed at the protein level. We confirmed this hypothesis with immunohistochemical stainings, which revealed that cell lines reported to overexpress PDE3A mRNA also stain positively for PDE3A protein (Fig. 4.10e).

4.4.3 Sensitivity to PDE inhibition in other cell culture models

Next, we set out to evaluate the effects of PDE inhibitors in other *in vitro* cancer models, i.e. in MCTS and primary cultures of patient tumor cells (PCPTCs). For MCTS formation, we used two PDE3A-overexpressing cell lines, HeLa and A2058 and three PDE3A-negative cell lines, HCT116, HT-29 and HepG2. While HeLa and A2058 cells, when cultured as MCTS, retained their PDE3A protein overexpression, only HeLa MCTS were sensitive to treatment with zardaverine and quazinsonone (Fig. 4.11a-b). All cell lines were resistant to oxaliplatin when grown as MCTS (Fig. 4.11c). These observations are in accordance with previous reports that cells grown as MC-

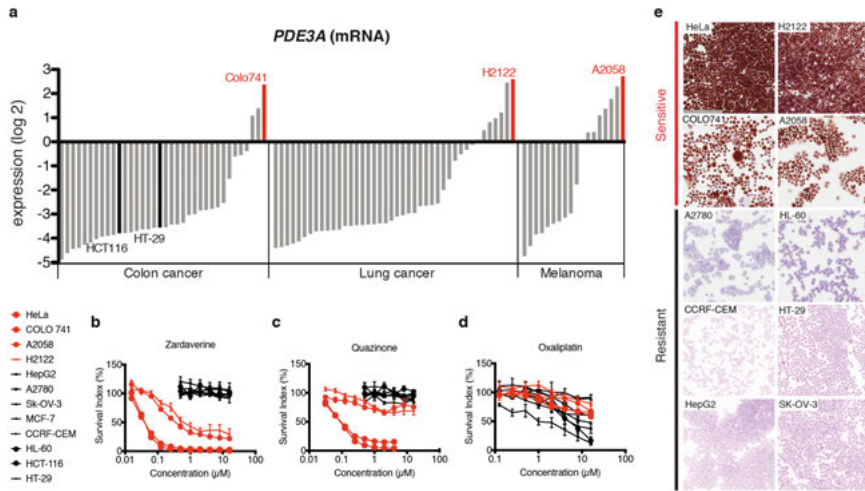


Figure 4.10 *PDE3A* mRNA expression is associated with sensitivity to PDE inhibition. **(a)** Publically available *PDE3A* gene expression data from a cell line panel [69]. Cell lines COLO741, H2122 and A2058 were highlighted based on high *PDE3A* expression (red), and HCT116 and HT-29, based on the low expression (black). **(b-d)** Cell lines were exposed to zardaverine **(b)**, quazinson **(c)** or oxaliplatin **(d)** at indicated concentrations for 72 hrs and viability was assessed with FMCA. HeLa, H2122, A2058 and COLO741 (red), showed higher sensitivity to zardaverine and quazinson compared to the other cell lines. Results are representative of three independent experiments and presented as mean \pm S.E.M (n=3). **(e)** Immunohistochemical staining for PDE3A protein of four sensitive (HeLa, H2122, COLO741 and A2058) and six resistant cell lines (A2760, HL-60, CCRF-CEM, HT-29, HepG2, Skov-3), using the primary antibody HPA014492. Scale bar = 100 μ m.

TS often gain resistance to various treatments [21, 43, 70]. In experiments involving patient-derived material, sensitivity of PCPTCs to PDE inhibition correlated with the level of PDE3A protein expression (Fig. 4.11d-e). Response to oxaliplatin treatment was similar in all samples (Fig. 4.11f), with PDE3A-expressing samples being slightly more sensitive (however, there is too little data to infer a correlation). Together, these observations indicate that PDE3A expression is a predictive marker of PDE inhibition sensitivity in patient-derived cancer cells.

4.4.4 Conclusions

In summary, we demonstrate that PDE3A mRNA overexpression in cell lines is corroborated on the protein level and is generally predictive of sensitivity to PDE inhibition. Importantly, the sensitivity to PDE inhibitors could also be observed in PDE3A-overexpressing primary cells from cancer patient biopsies. These observations demonstrate the potential to use PDE3A expression as a biomarker of PDE sensitivity. However, some resistance to

PDE inhibitors in PDE3A-expressing cell lines was observed in the MCTS experiments. Thus, future research on application of PDE3A expression as a biomarker needs to involve the elucidation of potential resistance mechanisms.

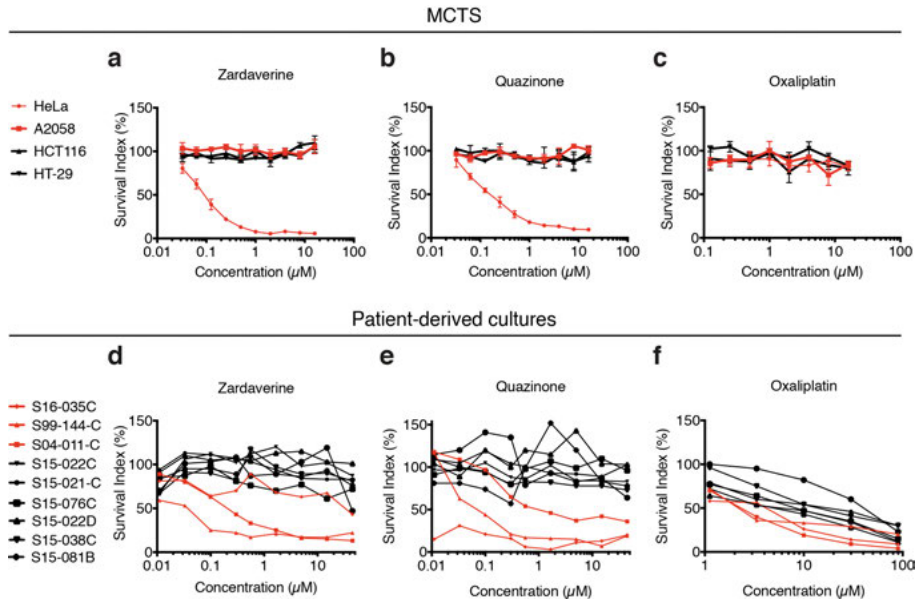


Figure 4.11 Sensitivity to PDE inhibition in MCTS and PCPTCs. (a-c) MCTS viability, assessed with CellTiter-Glo 3D, after 72-hr exposure to zardaverine (a), quazinone (b) or oxaliplatin (c). Results are representative of three independent experiments and presented as mean \pm S.E.M (n=3). (d-f) Viability of PCPTCs, assessed with FMCA after 72-hr exposure to zardaverine (d), quazinone (e) or oxaliplatin (f). Results are presented as mean (n=2).

5. Summary and final remarks

5.1 New assays – development and application

This work presents a research endeavor to develop and apply novel HTS assays using MCTS as a cellular model. These new methods include:

- Optimization of cell culture conditions to obtain three distinct cellular models from the same cell line: cells growing as monolayer, proliferative spheroids (P-MCTS) and quiescent spheroids (Q-MCTS) (Papers I and II);
- Spheroid-based HTS assay, utilizing cells constitutively expressing GFP in order to use GFP fluorescence as a surrogate marker of spheroid viability (Paper I);
- Application of L1000 Gene Expression Profiling to study drug-induced changes in global gene-expression in 3D cell cultures (Paper II);
- Spheroid-based screening platform to identify novel, previously unrecognized drug combinations (Paper III).

5.2 Application of MCTS in HTS yields novel findings

Using these new assays, we focused on identifying processes that could be targeted to eradicate nutrient-deprived and hypoxic quiescent cancer cells. In order to achieve that, we used Q-MCTS as an *in vitro* cellular model. We found that nutrient-deprived quiescent cells are selectively vulnerable to inhibition of OXPHOS (Paper I). This finding is in accordance with a growing body of evidence suggesting OXPHOS as a promising target in drug-resistant dormant cancer cells [58, 60, 61, 71]. We also found an FDA-approved anthelmintic drug nitazoxanide to be selectively toxic to quiescent cancer cells through uncoupling of mitochondrial membrane potential (Paper I). Anticancer activity *in vivo*, favorable pharmacokinetic profile and minor side effects render nitazoxanide a promising candidate for drug repurposing. Notably, recently there has been an increased interest in anti-diabetic drug metformin, which has been found to inhibit complex I of the mitochondrial electron transport chain, thereby inhibiting OXPHOS [72-74]. Metformin

has been reported to reduce the risk of developing certain types of cancer and demonstrated anticancer activity *in vitro* and in mouse models [59, 74-76]. However, as of now, it has failed to show clinical benefits in eradicating an already-existing cancer [77]. The reason for this might be low metformin plasma concentrations and unfavorable pharmacokinetic profile [76, 78]. Another notable example is IACS-10759, also an inhibitor of complex I, which is currently undergoing Phase I clinical trial in acute myeloid leukemia (AML) patients [79].

In Paper I, we observed that to successfully eradicate nutrient-deprived cells in Q-MCTS by OXPHOS inhibition, there was a requirement for prolonged and continuous exposure to the treatment. Thus, in Papers II and III we set out to identify processes that could be co-targeted for enhanced anticancer activity of OXPHOS inhibitors. In Paper II, using high-throughput gene expression profiling in 3D cell cultures, we were able to observe Q-MCTS-specific up-regulation of the mevalonate-pathway genes upon OXPHOS inhibition. Consequently, inhibitors of the mevalonate pathway – widely used cholesterol-lowering statins – demonstrated synergistic activity with OXPHOS inhibitors in Q-MCTS. In Paper III, we performed a combinatorial drug screen in Q-MCTS and identified several molecules that synergized with nitazoxanide. These two papers (II and III) demonstrate novel approaches to characterize drug responses in various cell culture models and present novel, potentially therapeutically relevant findings. However, the *in vivo* effects of combining OXPHOS inhibitors with other agents, such as statins, are difficult to predict. Notably, rare but severe side effects of statins, including myopathy or rhabdomyolysis, were previously associated with inhibition of mitochondrial function [80]. Therefore, putative clinical tests of this and other combinations would have to be preceded with thorough toxicity experiments in animal models.

5.3 Culture conditions determine drug response

Perhaps most importantly, this work demonstrates the relevance of cell culture conditions in preclinical drug discovery endeavors. While much of current anticancer drug development seems to be focused on cancer genetics, the impact of cell culture conditions tends to be forgotten or neglected. As we demonstrate in all of the papers in this thesis, drug response of cancer cells can be profoundly changed by the physicochemical factors, such as local nutrient concentrations or pH. For instance, in Paper II, cells of the same cell line (i.e. with identical genetic background) are grown in three different culture conditions. As gene-expression profiling reveals, this profoundly impacts not only baseline gene expression of each model, but also response to treatment at both genetic and phenotypic levels. In Paper IV, a

cell line that overexpresses PDE3A is sensitive to PDE inhibition only when grown as monolayer and not when grown as spheroids, despite maintaining high PDE3A expression in both monolayer and spheroid culture. This suggests that changing culture conditions alone can induce unforeseen drug resistance mechanisms. These examples, in my mind, clearly demonstrate that culture conditions should be carefully considered in all cell-based experiments and that they deserve an emphasis at least equal to the one put upon genetics.

5.4 A look ahead

3D cell cultures have now become well-established tools in evaluating and developing cancer therapeutics. Recently, the emphasis has been put upon using patient-derived material (i.e. ‘organoids’) rather than cell lines for 3D cell culture experiments. With a few encouraging reports on the possibility of expansion and 3D culture of tumor cells from patients [81-83], one can easily see benefits of this approach over using standard cell lines. First, contrary to cell lines, patient cells do not undergo a process of multiple passaging that reduces clonal diversity of the culture. Second, establishment of stable cancer cell lines involves usually a prolonged period of time, while patient-derived cultures are almost immediately ready-to-use. Third, with high take rates (successful culture and expansion *in vitro*), patient-derived cells provide an opportunity to more easily reproduce *in vitro* the genetic heterogeneity of cancer.

However, all current organoid-based drug-screening approaches fail to take many of the important culture conditions into account. In my opinion, the problem lies with the pre-assumption to simulate the whole, often large, heterogeneous tumor using a single type of an *in vitro* model. While emphasis is put upon growing cells as multicellular aggregates and using extracellular matrix scaffolds, factors such as nutrient concentrations, pH, access to oxygen etc. remain non-physiological. As shown in Paper II, P-MCTS and Q-MCTS, both three-dimensional and both with the same genetic background, still can respond to treatments in a completely different way, just because they persist in different nutrient concentrations. Thus, I believe that in the future spheroid- and organoid-based research, one should try to not just grow cells in 3D, but also to apply different culture conditions for the same cellular material, in order to simulate as many different tumor-specific microenvironments as possible. As different cell populations within the same *in vivo* tumor can persist in completely different conditions, we need to address each of these microenvironments separately, if we aim to successfully treat the whole tumor with the means of chemotherapy. I sincerely hope that these issues will be widely recognized and addressed in the near future.

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